# BCHW Mt. St. Helens

# March 2022



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Special points of interest:

\*\*\*\*NOTE\*\*\*\*\*

Next Meeting: Monday April 4th 7:00pm

Renew your Membership soon.

# BCHW Mt. St. Helens



# From your Director,

Hello all

Ah with spring just around the corner what does a young man and woman fancy turn to. You guest it, Kalama Horse Camp work parties. I have been emailing with Camille of the forest service, to try and get our first work party lined up. She is going to drive up that direction soon to see where the snow level is and give me a report. We have been talking about our upcoming regional work party and talking about some pre -work party things to do to get prepared. She is excited about this.

She is interested in finding out the cost of the corrals we have been putting in and thinking that possibly between the Rocky Mt. Concessionaires and the forest service they could buy a couple and wanted to know if we would install them. I didn't say one way or the other but personally I would like to do it. The forest service is very short handed this spring. Several people have either quit, retired or have been reassigned so it's only Camille and one other guy doing the work. I offered to get the water running for the troughs this spring and of course there is always a few corral rails that will need to be replaced and she is willing to let us. There are some trees that are close to camp that can be cut out to open up the first sections of trails.

Gary Collins and I have been asked by Darrell Wallace (past BCHW & BCHA President) if we would like to help out with a project. The forest Service wants to make the old Wind River Ranger Station into a training center for volunteer groups like us and other

agencies that need a place to train. We are meeting with all involved on March 21<sup>st</sup> to discuss the project and just what our involvement will be and whats expected of us. This will be a place to hold chain and cross cut saw training. Trail maintenance training and who knows what else. There are bunks and a kitchen there for multiple day training sessions. There is a cost share agreement being worked out so that volunteers helping with the place will get their costs covered such as gas and food, ect.

Here's hoping the Rendezvous goes good and we all have safe trips and a good time.

Thanks to all for all you do, Jim

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# From your President, Bob Cole



Hello all,

Another month gone already. From what I heard, our booth at the Horse Expo was well attended this year. We even picked up some new members. some of whom most of you already know as they are also members of WTRA. Four of these new members also attended our last meeting. I would like to say welcome to: Joe Orchard, Noello Rotolari. Carol Rottweiller (YES,I'm told that is her real name), and Kirsten VanOsch. Carol even came to the meeting with a donation for our Tack Sale this weekend in Ellensburg at Rendezvous. And Noello jumped in with both feet and volunteered to take on our **Education Chair (which** includes LNT) position to fill the void created with

the passing of Danny Steinback. Thank you, Noello, and we expect big things from you.

And one more new member, who did not attend the meeting, is Emily Snell and her family. And from I'm told, they are looking for a horse/mule for her husband who is interested in trail maintenance. So, once again, welcome everyone.

And, as I mentioned, Rendezvous is this weekend. And I think everyone is looking forward to get back together as a group and enjoying everyone's company. There will definitely be a lot of catching

up to do. It will be good to get back to OUR Tack Sale, to see what good things will happen. Hopefully everyone had time to go through their tack rooms and cleaned

out what they no longer need and donated it to the sale.

Our next meeting is April 4, at Pied Piper Pizza. Meeting room is reserved for 6 PM for anyone who wants to eat before the <u>meeting.at</u> 7 PM.

Until next month, Happy Trails.

Bob



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# 2022 Horse Expo



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# Scoop on the Poop in Clark County WA

The March 9th presentation is the final Board of Health briefing on this rule-making \*prior \*to filing the CR102 and prior to inviting formal public comment on the proposed rule. The briefing will give an overview of the rulemaking, the design and content of the proposed rule, and final steps in the rulemaking process. Please note that supporting material for this briefing and the pending CR -102 filing is \*DRAFT\* and is currently undergoing final review and processing. Staff anticipate filing the CR-102, Proposed Rule, in March or April 2022. \*This briefing involves no formal action by the Board\*. The Board of Health will consider the proposed rule at a public hearing tentatively scheduled for \*June 2022. \*

Here is the timeline:

\*March 9th\* - the Briefing is read to the Board of Health

\*March/April\* - the Proposed Rule will be filed \*April -\* formal public comment opens \*June 2022\* - tentatively set for public hearing

There is plenty of time to submit your comment on this draft. Having said that, you can also email your comments to their Board of Health at any time as well as virtually attend their Board Meeting and speak your mind there.

Attached is the draft rule that will be presented March 9th.

Draft Rule-DOMESTIC ANIMAL WASTE

<a href="https://sboh.wa.gov/sites/default/files/2022-03/Tab10d-DraftRule-RuleBriefing-KOA.pdf">https://sboh.wa.gov/sites/default/files/2022-03/Tab10d-DraftRule-RuleBriefing-KOA.pdf</a>

Chapters and/or individuals are encouraged to prepare their own position on this. BCHW is interested in possibly signing on in support. I suggest replying here and coordinating efforts with each other if you are interested.

Here is the March 9th agenda

<a href="https://sboh.wa.gov/sites/default/files/2022-03/WSBOH-Agenda-2022-03-09-Final-0.pdf">https://sboh.wa.gov/sites/default/files/2022-03/WSBOH-Agenda-2022-03-09-Final-0.pdf</a>

# HINTS, HACKS, AND ALL THAT, Terri Anderson

Ticks are out in full force right now. Jim and I have seen several on the dog. We were recently up past Dougan Falls hiking with Ace who is treated with Nexgard so ticks don't like him. We barely started home and I spotted one crawling on him. Even though I brushed him good as soon as we got home, I must have missed the little dickens because it crawled onto me later that evening as we were all watching TV.

All information below comes from the Washington State Department of Health.





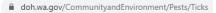




Photo: James Gathany, CDC

**Female western black-legged tick**, *Ixodes pacificus*, can transmit *Borrelia burgdorferi*, the bacteria that causes <a href="Lyme disease">Lyme disease</a>. These ticks are mainly found in western Washington and live in forested or brushy areas.

#### What is a tick?

Ticks are small blood-feeding parasites and some species can transmit diseases to people. Some species of ticks perch on the edge of low-lying vegetation and grab onto animals and people as they brush past. Other ticks are associated with rodents and their nests, and at night they venture out to feed. Once aboard, ticks crawl until they find a good spot to feed, then burrow their mouthparts into the skin for a blood meal. Their bodies slowly enlarge to accommodate the amount of blood ingested. Ticks feed anywhere from several minutes to several days depending on their species, life stage, and type of host.

# What tick-borne diseases occur in Washington?

In the Pacific Northwest, relatively few tick-borne disease cases are reported each year in comparison to other regions of the United States. In Washington, the tick-borne diseases known to be locally acquired include: babesiosis, Lyme disease, Rocky Mountain spotted fever, tick-borne relapsing fever, tick paralysis, and tularemia. **How can I avoid tick-**

### borne disease?

Your best defense against tick-borne infections is to reduce exposure to ticks.

**Know where to expect ticks**. Many ticks live in grassy, brushy, or wooded areas. When possible, avoid wooded and brushy areas with tall grass and leaf litter. Walk in the center of trails, particularly in spring and summer when ticks feed.

**Wear appropriate clothing.** When in tick habitats, wear light-colored, tightly woven long pants and long-sleeve shirt. Tuck your pant legs into socks or boots, and your shirt into your pants. This helps keep ticks on the outside of your clothing where you can spot them more easily.

**Use tick repellent** when necessary, and carefully follow instructions on the label. Apply an EPA-registered repellent effective against ticks, such as those containing DEET to clothes and exposed skin, and permethrin to clothes and gear. Take care when applying repellent on children

Check clothing, gear, and pets after being areas with ticks. Ticks can hitch a ride into your home on clothing and pets, then attach to you or a family member later. Carefully examine coats, camping gear, and daypacks. Don't forget your dog.

**Shower soon after being outdoors**. Showering within two hours of coming can reduce your risk of getting Lyme disease and may be effective in reducing the risk of other tick-borne disease. Showering can wash off unattached ticks and it is a good opportunity to do a tick check.

Check your body and your child's thoroughly for ticks. Carefully inspect areas in and around the hair, head, neck, ears, under arms, inside the belly button, around the waist, between the legs, and behind the knees. Ticks can be very small before they feed—look for what may appear like a new freckle or speck of dirt. Continue checking for two to three days after returning from areas with ticks.

# How do I safely remove an attached tick from my body?

Avoid folklore remedies to remove a tick. Hot matches or coating the tick's body with petroleum jelly, soap, or nail polish do little to encourage a tick to detach from skin. In fact, they may make matters worse by irritating the tick and causing it to release additional saliva, increasing the chance of transmitting disease. Your goal is to remove the tick as soon as possible. Do not wait for it to detach. Follow these steps on how to safely remove a tick.

Use fine-tipped tweezers to grasp the tick as close to the skin surface as possible.

Pull upward with steady, even pressure. Avoid removing the tick with bare hands. Don't twist or jerk the tick; this may cause the mouthparts to break off and remain in the skin. If this happens, remove the mouthparts with clean tweezers. If you are unable to remove the mouth easily, leave it alone and let the skin heal.

After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.

If you develop a rash, fever, or flu-like illness within several weeks of removing the tick, see your healthcare provider. Tell the healthcare provider about your recent tick bite, when the bite occurred and where you most likely acquired the tick. If possible, save the tick for identification.



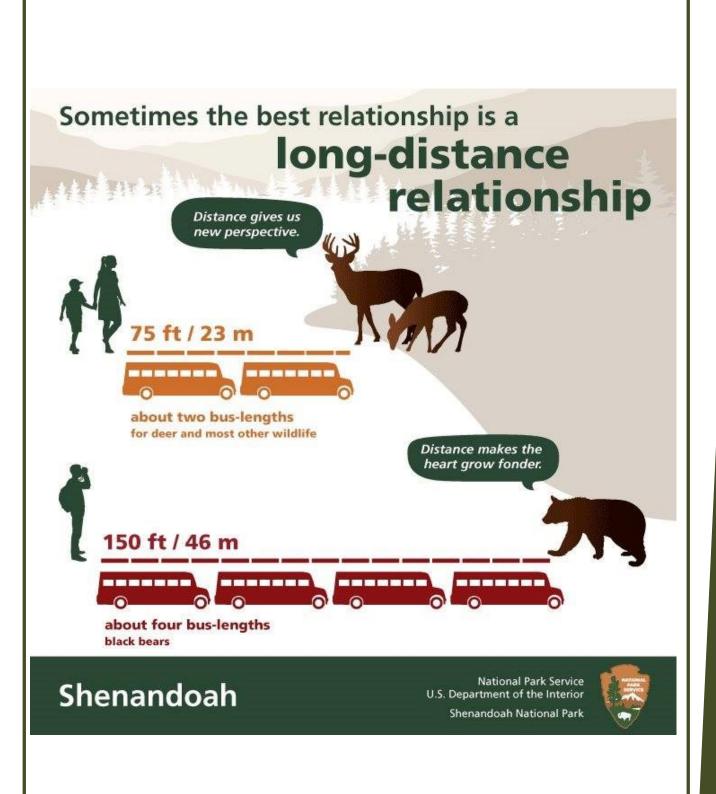
# pave Bishop Ride

Dave Bishop Farm, Quincy, Wa.

We will stay on private property owned by Dave Bishop, 5058 Ancient Lakes Road, Quincy, Wa. There is water and restroom.

# **DIRECTIONS TO THE RANCH**

- From I-90 take Hwy 281 North out of George, Wa.(headed toward Quincy, Wa.)
- Go about 5 miles (18 hole golf course) and turn left at Whitetail Rd. (5 NW Rd.)
- Drive west through a couple of curves and past the Quincy Public Fishing sign (about 3 miles)
- In about 1 mile, the road turns north and becomes U Street (still paved)
- You will go past 6th Rd., 7th Rd., and 8th Rd. that are about a mile apart and go 1 more mile to 9th Rd.
- Turn left on 9th Rd. (westbound) that winds a bit going by fruit trees
- Go down the hill where the road turns into Ancient Lakes Rd. (gravel) and follow toward the dead end/trailhead parking and look right for the BCH sign into Dave's place



# shirts for sale!!!!

I would be happy to meet people at feed stores, in BG, Freddy's Cascade Park, Salmon Creek, Hazel Dell...etc.

Anyone interested, have questions...can get ahold of me directly, via either:

Email: <u>skwarne@y</u> <u>ahoo.com</u>

Cell #: (360) 281-6004 Also, if it's ok...can you print in the newsletters? Please feel free to ad any larger print, images, etc. to promote!

Thanks so much!

Sheila (-:

\*\*Pictures are

"SAMPLES" of what shirts/logos look like:

A.) Red shirts - POLY-ESTER - with newest logo (Front only!)

(\*\*\*note: have a Red, Sleeveless XL discounted @ \$10 - has 1 small snag on it)

B.) Neon Orange - COT-TON - with regular logo (front & back) Ladies V-Neck



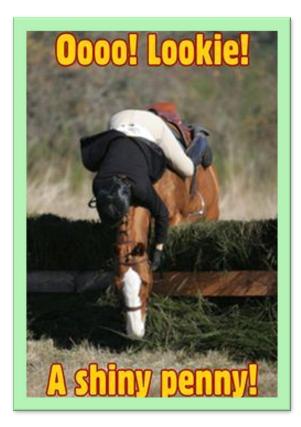


# **VOLUNTEER HOURS**

	REPORTING PERIOD	DUE TO JUDY NO LATER THAN
	2nd Quarter (Mar 1-May 31)	June 1
	3rd Quarter (Apr 1-Aug 31)	September 1
	4th Quarter (Sep 1-30)	November 1







# 2022

# **April**

# 11-16th Burke Lake Bishop Ride

# 23rd Health Clinic: Randy Lee's clinic

# 30th Kalama work party: Snow pending

# <u>May</u>

12th—Monument Valley
Douglas Mesa 22nd, Home the
28th

**14th** Kalama work party

18-22 Cyrus Ride

# June

23-26 Regional Kalama Work Party: Contact Jim Anderson muleman1951@gmail.com

**27– July 7th** Redwoods

# **July**

15—17th Kalama Fun Ride

# **August**

5th—7th Ken Wilcox Horse Camp

**12th—23rd** Diamond P then to Montrose Colorado **25th** home **9th**. Contact Judy Smith

28th Picnic: Rock Creek

# **September**

16th—18th Indian Camp—Ellensburg

# **October**

**7th—9th** Mt. Adams Horse Camp **28th—30th** Wine Ride

# **November**

# **December**

10th Christmas Party
The Cefelo Home

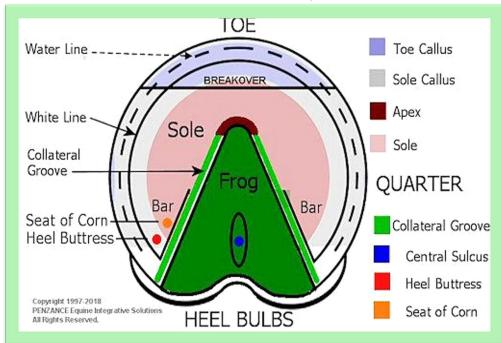
\*\*\*Always looking for people with a purpose/idea/desire to take the lead and sponsor a group outing.....best in drive time approx 5 hours or less. \*\*\* Submitted by Ken Evans

pkevans@tds.net

# **BCHW Mission Statement**

# BCHW is affiliated with Back Country Horsemen of America and therefore

- I. The mission of this organization shall be:
- II. To perpetuate the commonsense use and enjoyment of horses in America's back country and wilderness.
- III. To work to insure that public lands remain open to recreational stock use.
- IV. To assist the various governmental and private agencies in their
- maintenance and management of said resource.
- V. To educate, encourage and solicit active participation in the wise use of the back country resources
- by horsemen and the general public commensurate with our heritage.
- VI. To foster and encourage the formation of new chapters in the



# Chapter newsletters will be published and distributed as follows:

Submissions due by the 20th of the month, and distributed via email/SNAIL MAIL by the 25th of the month.

# **Meeting minutes**

will be distributed via a separate email every month and <u>will not</u> be included in the newsletter. A few copies of the minutes will also be provided at the meetings for those who do not have computer/email access.

# 2 0 2 2

Revised 8/9/2021

# **Come Join Us!**

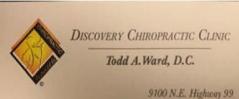
Go to BCHW.org and join or renew online. If online is not an option, please fill out this paper application and sign, (all members 18 and over must sign) enclose your cash or check made out to BCHW and mail to:

BCHW Membership Chair 11404 210<sup>th</sup> Ave Ct E Bonney Lake, WA 98391



Mt St Helens

Me	mber	Info	)							
Check One: New Member Renew		al	Secondary Chapter Application Only				pplication Only			
Adult's na	ame(s):				<u> </u>		86390		<i>y</i>	
Children'	s name(s):									
Mailing A	Address:									
City:	**************************************				ST:		Zip	:		
Phone nur	mber:		E-mail:							
Legislativ	e district (if known):		Co	unty:						
National ar	ıd State Newsletters are	viewable onli	ne at BCHA	A.org/B	CHW.org	or	Please mail a ha	rd co	opy of Newsletters	
(Check B	oxes) BCHA New	vsletter	☐ BCHV	V (Trai	lhead New	s)	☐ Chapter Nev	vsleti	ter(If available to mail)	
STA	ГЕ МЕМВ	ERSH	IP		CHA	PTE	R MEN	IB	ERSHIP	
	Basic Membersh	iips							ember of BCHW.	
		2 2		However, BCHW dues only need to be paid <b>once</b> each year. Joining additional (secondary) chapters only requires paying						
	Single	\$41.00			Joining add chapter du		(secondary) ch	aptei	rs only requires paying	
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				Mt St Helens						
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	☐         Sustaining         \$125.00           ☐         Patron         \$250.00			If joining a secondary Chapter, provide the Chapter nam where BCHW State dues have been paid for 2021:						
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	Luctime (Single)	\$1200.00					Chapter Du	US .	\$3.00	
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Please consider making a \$						hapter Subtot		\$		
	State donation:	Ψ							<b>*</b>	
	State Subtotal	\$			Grand T	Total (S	State+Chapte	r)	\$	
NOTICES  By signing this membership application, you will agree to the terms of our Liability Release. You can read it on our				Signature:						
									Date	
				website at bchw.org, under the Join tab. You also agree to						
receive notices from BCHW/BCHA by electronic transmission at the above email address.			Signature:Date							
Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c) (3). Accordingly, membership dues paid to BCHW										
			Cion	Si-modum.						
may be treated as deductions characterized as "charitable				Signature:						
contributions" when computing federal and state income				Date						



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#### **ALTERNATE DIRECTOR**

Gary Collins 360.892.7683 gcinbp@msn.com

#### **MEMBERS IN GOOD STANDING**

Dan Brooks 360.574.2909 dan\_the <u>realestate-</u> man@yahoo.com

Jan Trafelet 360.673.4086 manesntails@scattercreek.com

#### **PRESIDENT**

Bob Cole 503.539.8618 colefleet25@gmail.com

#### **VICE PRESIDENT**

Ken Evans 360.263.1529 pkevans@tds.net

#### **TREASURER**

Nancy Rust 360.253.7307 alrust@comcast.net

#### **SECRETARY**

Jan Schmalenberger 360.609.0928

# **2022 Appointed Chairs**

# **TRAIL BOSSES**

Ken Evans 360.263.1529 pkevans@tds.net

Dan Brooks 360.574.2909 dan\_therealestateman@yahoo.com

# MEMBERSHIP CHAIR

Sally Kiger 360.749.1584 kigersallyj@gmail.com

# **NEWSLETTER CHAIR**

Tracy Kiger 360-749-1584 kigersallyj@gmail.com

# PUBLICITY CHAIR WEB PAGE

Terri Anderson 360-835-5719 luv2tri1954@gmail.com

# **EDUCATION CHAIR/LNT**

Noelle Rodolari 360-947-8121 Noelle r@hotmail.com

### LEGISLATIVE CHAIR

Ken Evans 360.263.1529 pkevans@tds.net

#### **WAYS AND MEANS CHAIR**

Sheila Warne-Brooks 360.574.2909 skwarne@yahoo.com

# **PUBLIC LANDS CHAIR**

Gary Collins 360.892.7683 gcinbp@msn.com

#### **FUN RIDE CHAIR**

Vickie Smith 360.431.4955 nacats@comcast.net

# **WORK PARTY CHAIR**

Jim Anderson 360.835.5719 muleman1951@gmail.com

# **VOLUNTEER HOURS CHAIR**

Judy Smith 360.687.2336 trailridenbuddy@yahoo.com

# **CCEHC CO-LIAISONS**

Nancy Rust 360.609.4284 alrust@comcast.net

# **SUNSHINE**

Mary Caye Eisland 360.910.5344 mceisland@gmail.com

#### **HISTORIAN**

Judy Smith 360.687.2336 trailridenbuddy@yahoo.com

Mount St. Helens Chapter
www.mountsthelens-bchw.org/

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