

# BCHW Mt. St. Helens

## August 2022

When someone tells me to do something I  
was already gonna



### INSIDE THIS ISSUE:

Director	2
President	3
Leave No Trace	4
Volunteer Hours	5
Redwoods	5
Merchandise	6
Membership form	7
Calendar	8
Notes	9
Sponsors	10
Officers	11

### NOTICE NOTICE NOTICE

BCH Picnic August 28th Rock Creek Park

Due To Labor Day weekend there will be NO MEETING in September.

I am including last years membership page again. Will update it when I get the new one from BCHW

Special points of interest:

\*\*\*\*NOTE\*\*\*\*\*

Next Meeting:

Monday October  
6:00pm

Round Table Pizza

See me for a membership form.

# BCHW Mt. St. Helens



Hello all

Boy I'm getting to be quite the slacker. I missed getting an article into the August newsletter and screwed up the date for the August meeting. I'll blame it on the heat.

The addition of the BCHW Executive Committee is already changing things for the organization. The committee meets monthly on the first Monday and then an update zoom meeting for the directors the following Thursday. Chapters have been asked to review their By-Laws to make sure they are in alignment with the new BCHW By-Laws. Reviews of how chapters are spending their money to make sure they don't spend outside of the rules for 501c3 organizations. The next BCHW directors meeting is Sept. 17<sup>th</sup>. This will be the last one for the year. Dana wants to have three meetings a year, with the first being at Rendezvous in March, the next in June and the last sometime in the fall before Dec.

The trip to Haney

Meadows went well. We met up with Ed and Teri Letcher of the new Ellensburg chapter. They knew the trails there very well. They lined out the trail that was most appropriate to get opened up first. It took a day and a half to cut out about two miles of trail to get it reopened from all of the down trees. We then moved on to another trail that goes by a nice view point. We cut that out up to the view point about a mile of trail. Over all three saws cut out over two hundred trees in three days. In it's own way being in an old burn is kind of cool. Seeing how it's healing and being able to see through the trees at all of the terrain and geology you don't normally see. This is an area that has always been popular with BCHW members. It still needs lots of

work to get the trails reopened and will take work as the burned trees rot and fall across the trail. Hopefully having the Ellensburg chapter close by they will be having more work parties there.

The Washington Trail Association finished up the check step project on the Cinnamon trail. It took them three more days with a small crew. The reoccurring comment from them was that they hope we put together another regional work party next year. They enjoyed working with us and really enjoyed the dinners being there at the end of the day. After the snow melted out on the higher elevations of the Cinnamon we finished logging it out and taking note of the tread work that needs to be done.

The use of an excavator up there would be a good thing. The upper Blue Horse Trail and Toutle Trail along Blue Lake need lots of brushing as it hasn't been done for several years.

Thanks to all for all you do

Jim

OUTTAGRASS CATTLE COMPANY by Jan Swan Wood c 2009



## From your President, Bob Cole



Hello all,

We are back from a great few days at Kalama Horse Camp. We had rides with fellow members for our anniversary weekend. I would like to thank all of you who took time from your own schedules to come up and ride with us and enjoy some time together.

Coming up at the end of the month, August 28 to be exact, is our annual joint picnic with WTRA at Rock Creek Horse Camp. I would like to thank Cindy and Robin Meyer for stepping up to organize everything on our side for this event. If you haven't already seen it, there should be a questionnaire coming your way asking for a response if you are planning on attending and what dish you would like to bring. I would ask that you please respond. And if you want to ride the trails, be sure to bring your favorite ride with you. Come for the day or spend a few nights.

Coming up in September, the weekend of the 16th, Kathy and I will be hosting a chapter ride in the Teanaway area. We will be at the Bruce Tropple Horse Camp (also known as Indian Camp). We would like a response from you if you plan on joining the ride so that we can plan pot lucks and such. For those who don't know, this Camp is in the Cle Elum area northwest of Ellensburg. We haven't been up there in several years as the last time we planned a chapter ride there, we got shut down because of fires in the area.

Also remember, with the end of the year coming up quickly, Nancy is stepping away from the Treasurer duties. What that means is that we need someone to step up for the position.

It would be nice if we had someone volunteer who hasn't previously been involved with duties. In other words, it's time for some new blood, instead of the same people always stepping up to get things done. Nancy has said that she will gladly train someone. From what I know, the job is now a whole lot easier, now that the State takes care of most of the money management.

Since we are having our picnic at the end of August, there will be NO meeting in September.

**AGAIN.....NO MEETING  
IN SEPTEMBER.**

Until next time,  
Happy Trails.

# WARNING

**Riding horses can cause  
extreme Happiness which  
can lead to a very serious,  
expensive Horse Addiction**

*Equestrians Rock!*

# Leave No Trace

Leave No Trace Training (LNT.org): A Guide to Minimum Impact Camping and Stock Use Techniques  
by Noelle Rodolari August 15, 2022

## Principle Number FOUR of Leave No Trace: Leave What you Find

Plan Ahead & Prepare.  
Travel & Camp on Durable Surfaces.  
Dispose of Properly.  
**Leave What You Find.**  
Minimize Campfire Impacts.  
Respect Wildlife.  
Be Considerate of Others.

It's great weather out there! ... so, the trails are more crowded than usual. This is a great time to talk about principle 4: "Leave What You Find". I know it's tempting to pick those colorful wildflowers, but it really is better to leave them there to propagate more flowers. Also, allow others to experience and find what you see. This is done by leaving rocks, plants, archeological artifacts, and other objects of interest as you find them. If you remove something from the environment, you will be disturbing the ecosystem. Flowers, plants, bones and even sticks are needed for our food chain. Birds make nests from sticks and plants. Some animals eat the flowers, plants, and trees to survive. Even I am guilty of taking a walking stick out of the brush to help with my hike, but you can leave it in the park when you leave. Maybe a beaver will use it to build a dam in a river?

When it comes to setting up your tent, it is recommended not to dig a trench for rainfall. Actually, it is better to follow the old adage "Good campsites are found not made." It is better to dismantle tables and seats, excessive user-built facilities. Minimize fire rings and leave intact for others to use. Don't dismantle since the next group will most likely rebuild it using new rocks that soon become blackened.

Be aware how you are impacting trees by not hammering damaging nails to hang things. Remember carving your initials in a tree with your sweetheart? Please don't do that. There are tons more people using our parks now. There was a 75% increase in traffic to our parks during the pandemic. Please do not smash foliage and plants. Take a picture or sketch instead. Plants give off oxygen and we need lots of it to enjoy the outdoors and breathe in. Plants absorb carbon dioxide also making our environment healthier. Plants add to the biome by providing food to insects which feed birds and then those birds get eaten by birds of prey.

Leave natural objects and cultural artifacts. Let others enjoy what you have found in its natural habitat. If you take it home and stick it on the wall, it will not be enjoyed by as many people as in nature. Besides being illegal in many parks to take, these antlers or fossils biodegrade and add to the nourishment of the soils and organisms in the soils. Cultural artifacts include arrowheads, ornate pots and potsherds. These artifacts are protected by Archeological Resources Protection Act.

OK, I can't talk about leaving things alone enough. This includes animals as well. I knew a friend who while riding on private property came across a couple coyote pups. When she waited for the mom, unsuccessfully, she decided they should be saved. To her surprise, after calling authorities, she had to return them to the spot she found them. This is common since the mom, was probably hunting for dinner and leaves them tucked away by themselves for long periods of time. Speaking of dinner, I'm hungry and going to eat ice cream, lol. Yes, ice cream makes a great dinner. Hope you enjoyed this month's episode of Leave No Trace.



# Redwoods

June 26<sup>th</sup> saw a group of WTRA & BCHW St Helens on a 490-mile drive south west of Vancouver. Some of us stayed at Grants Pass in the 104-degree temperature with our ponies the first night, some made arrangements and drove to the coast to avoid the heat, and Carl & Jan drove straight though. What a difference in weather when you get over by the coast and have the cloud cover. The drive down the coast had us in the low 60's and found the drive through the Tall Redwoods delightful. Cuneo Creek Horse Camp is near Bull Creek in Humboldt Redwoods State Park and was once an Apple Orchard. The camp was well maintained with corrals for our horses, picnic tables, fire pits, manure bins, water troughs, restrooms with flush toilets, and showers (25 cents for 2 min). We all parked and put our horses out and made it over to Jeanette & Paul Cefalo's for pulled pork. After a yummy dinner and making our horses comfortable I think we all called it a night early.

The next morning all were excited to try out the trails. We rode Homestead, Pole Line, Indian Orchard, Bull Creek and found them all to be very nice trails. Between the two groups of WA riders we found it fun to find our friends on the trails. I would say that the ride in the Big Trees was profound. The quiet and immense size of the trees was almost spiritual. Many of the group took a day off to venture to the Avenue of the Giants and to visit to surrounding areas. We gathered for potlucks and campfires, we shared many laughs, and most important we made many memories! The camp has a black bear which visited daily and shook the tree for the deer and dropped apples for them to eat. Daily routine was taking pictures of the animals of camp. We look forward to visiting this area again. Thank you, Vickie Smith, for suggesting this ride. Question, are you ready to go again???????

On a sad note, with the fire, much of the green and scenery that we saw on the way towards the coast will disappear due to fire damage! We say a prayer for those that have lost homes, lives and property in this beautiful area!

Kathy Cole

# shirts for sale!!!!

I would be happy to meet people at feed stores, in BG, Fred-dy's Cascade Park, Salmon Creek, Hazel Dell...etc.

Anyone interested, have questions...can get ahold of me directly, via either :

Email: [skwarne@yahoo.com](mailto:skwarne@yahoo.com)

Cell #: (360) 281-6004

Also, if it's ok...can you print in the newsletters? Please feel free to add any larger print, images, etc. to promote!

Thanks so much!

Sheila (-:

**\*\*Pictures** are

"SAMPLES" of what shirts/logos look like:

A.) Red shirts - POLY-ESTER - with newest logo (Front only!)

(\*\*note: have a Red, Sleeveless XL discount-

ed @ \$10 - has 1 small snag on it)

B.) Neon Orange - COTTON - with regular logo (front & back) Ladies V-Neck



## VOLUNTEER HOURS

REPORTING PERIOD	DUE TO JUDY NO LATER THAN...
2nd Quarter (Mar 1-May 31)	June 1
3rd Quarter (Apr 1-Aug 31)	September 1
4th Quarter (Sep 1-30)	November 1



## Come Join Us!

**Go to [BCHW.org](http://BCHW.org) and join or renew online.** If online is not an option, please fill out this paper application and sign, (all members 18 and over must sign) enclose your cash or check made out to BCHW and mail to:

**BCHW Membership Chair**  
**11404 210<sup>th</sup> Ave Ct E**  
**Bonney Lake, WA 98391**



**Mt St Helens**

## Member Info

**Check One:** ☐ New Member ☐ Renewal ☐ Secondary Chapter Application Only

Adult's name(s):

Children's name(s):

Mailing Address:

City:

ST:

Zip:

Phone number:

E-mail:

Legislative district (if known):

County:

**National and State Newsletters are viewable online at [BCHA.org/BCHW.org](http://BCHA.org/BCHW.org) or Please mail a hard copy of Newsletters (Check Boxes)** ☐ BCHA Newsletter ☐ BCHW (Trailhead News) ☐ Chapter Newsletter (If available to mail)

## STATE MEMBERSHIP

## CHAPTER MEMBERSHIP

### Basic Memberships

☐ Single \$41.00  
☐ Family \$54.00

Levels below include Single and Family

☐ Contributing \$75.00  
☐ Sustaining \$125.00  
☐ Patron \$250.00  
☐ Benefactor \$500.00  
☐ Lifetime (Single) \$1200.00

All chapter members must also be a member of BCHW. However, BCHW dues only need to be paid **once** each year. Joining additional (secondary) chapters only requires paying chapter dues.

Chapter Name (or Independent):

**Mt St Helens**

If joining a secondary Chapter, provide the Chapter name where BCHW State dues have been paid for 2021:

**Chapter Dues \$5.00**

*Please consider making a Chapter donation:* \$

*Please consider making a State donation:* \$

*Chapter Subtotal* \$

*State Subtotal* \$

**Grand Total (State+Chapter) \$**

## NOTICES

By signing this membership application, you will agree to the terms of our Liability Release. You can read it on our website at [bchw.org](http://bchw.org), under the Join tab. You also agree to receive notices from BCHW/BCHA by electronic transmission at the above email address.

Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c) (3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.

**Signature:**

**Date**

**Signature:**

**Date**

**Signature:**

**Date**

**2022****August**

5th—7th Ken Wilcox Horse Camp

12th—23rd Diamond P then to Montrose  
Colorado 25th home 9th. Contact  
Judy Smith

28th Picnic: Rock Creek

**September**

16th—18th Indian Camp—Ellensburg

**October**

7th—9th Mt. Adams Horse Camp

28th—30th Wine Ride

**November****December**

10th Christmas Party  
The Cefelo Home

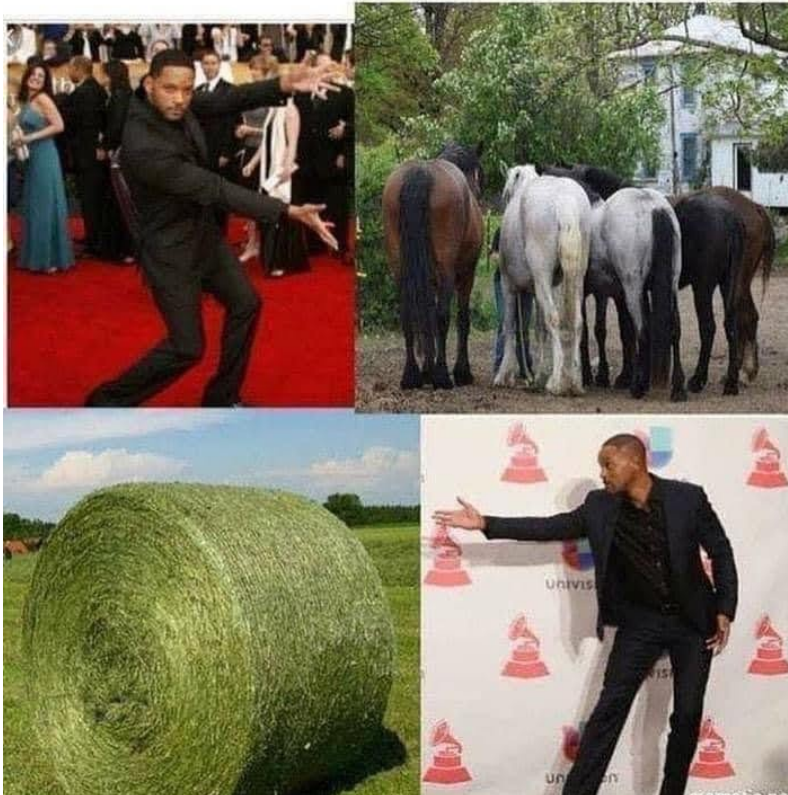
*\*\*\*Always looking for people with a purpose/idea/desire to take the lead and sponsor a group outing.....best if drive time approx 5 hours or less. \*\*\**

Submitted by Ken Evans\_\_

[pkevans@tds.net](mailto:pkevans@tds.net)

Family: Where does all of your money go?

Me:



# BCHW Mission Statement

BCHW is affiliated with Back Country Horsemen of America and therefore

- |  |   |   |  |
|--|---|---|--|
| I. The mission of this organization shall be:  | III. To work to insure that public lands remain open to recreational stock use. | maintenance and management of said resource.  | by horsemen and the general public commensurate with our heritage.         |
| II. To perpetuate the common-sense use and enjoyment of horses in America's back country and wilderness. | IV. To assist the various governmental and private agencies in their            | V. To educate, encourage and solicit active participation in the wise use of the back country resources | VI. To foster and encourage the formation of new chapters in the state or- |



## Chapter newsletters will be published and distributed as follows:

Submissions due by the 20th of the month, and distributed via email/SNAIL MAIL by the 25th of the month.

## Meeting minutes

will be distributed via a separate email every month and will not be included in the newsletter.

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[www.tackroomtoo.com](http://www.tackroomtoo.com)

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(360) 887-7814

Fax (360) 887-8780

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Ridgefield, WA 98642



24 HR. EMERGENCY SERVICE



## Personal Donations

Debbie Honahan

Jan & Carl Schmalenberger

Dan & Sheila Brooks

Dan & Pauline Mandiac

Peter & Gudrun Mahart

**NOTE:** The above list is only a partial list of the businesses that donated to the Kalama Fun Ride. As we get more information I will be redoing this list.

# 2022 Officers

## **DIRECTOR**

Jim Anderson 360.835.5719  
muleman1951@gmail.com

## **ALTERNATE DIRECTOR**

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gcinbp@msn.com

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Jan Trafelet 360.673.4086 manesn-tails@scattercreek.com

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Mount St. Helens Chapter

[www.mountsthelens-bchw.org/](http://www.mountsthelens-bchw.org/)



Leave No Trace Behind

**BCHW-Mount St. Helens Chapter**

PO Box 418  
Brush Prairie, WA 98606



Place Stamp  
Here