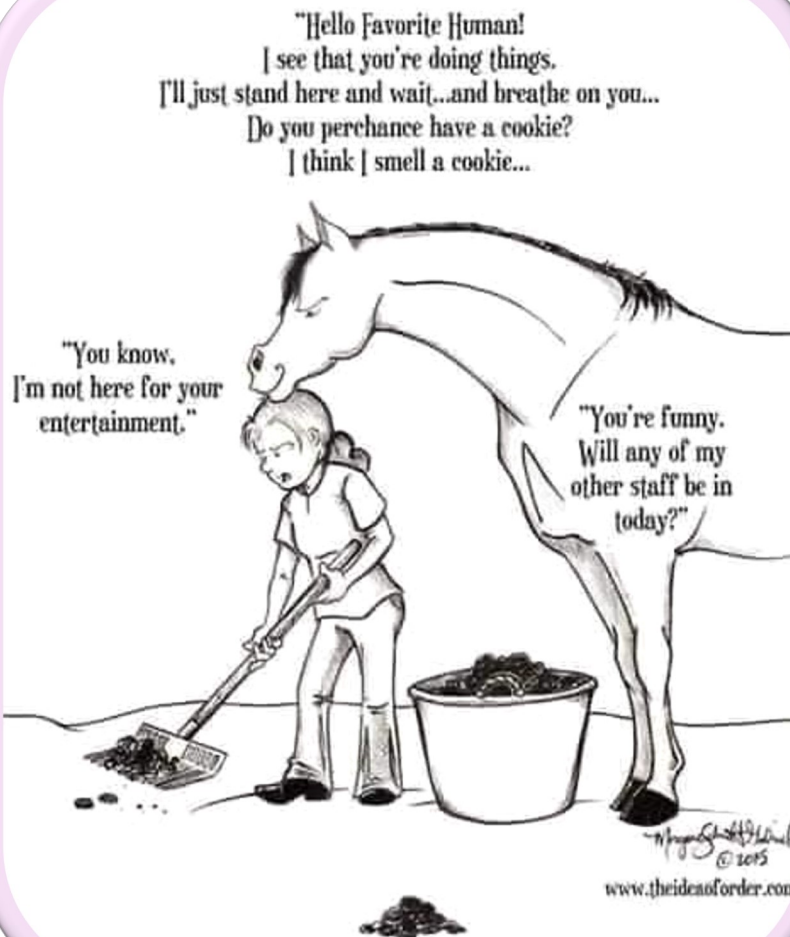


April 18, 2022

BCHW Mt. St. Helens

April 2022



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NOTICE NOTICE NOTICE

Next meeting....

**Round Table Pizza — Salmon
Creek**

May 2nd 6-8 PM

Special points of interest:

****NOTE*****

Next Meeting:

Monday May 2nd
6:00pm

Round Table Pizza

See me for a membership
form.

BCHW Mt. St. Helens



From your Director,

Hello all

Is it spring or is it winter? It can't quite make up its mind. I vote for spring. Lots to do around home to clean up from the last snow storm let alone out on trails.

After having to cancel the first work party at Kalama due to the snow Terri, Barb, Randy and I drove up towards Kalama but we were only able to make it about 3 1/2 miles, just short of Lake Merrell. There was about 10" of snow there. Hoping it will melt out before our next scheduled work party on April 30th. Camille of the forest service badly wants to have a chipper there that day to chip up the limb piles that have been in camp for a couple of years. The other maintenance that needs to be done is replacing any broken or weak corral rails and get the water troughs set up and working. We know off three large trees across the lower section of the Cinnamon trail that need to come out before the big June work party but that will be for a May work party.

While we are on Kalama the Concessionaire will be start-

ing on May 20th having the camp host there. I have heard that Jenny is going to be doing it again so that is a good thing. On June 2nd I'm meeting with Washington Trails Association (WTA) to go over their project of steps on the long grade on the Cinnamon. We will flag out where they go, and then we will have a number for trees to be cut for the steps. The forest service has authorized for us to cut down the trees. We'll be doing this in June prior to the June 23-26 work party. I'm hoping a few WTA folks

construction of an old bridge. I understand that a new bridge has been rebuilt for that crossing.

My committee work is winding down with two of them finalizing their work here shortly. One of those is the Silver Star Vision Plan. All areas around Silver Star have been discussed and ideas suggested to the Forest Service and DNR. A final plan is being written up to present to them. A reminder this doesn't obligate either the Forest Service or DNR to do anything, it is just the

user groups laying out what they think needs to be done to protect the area and still have good access. The other one is the BCHW Reimagine and Executive Committee Implementation. The final rewriting of the BCHW By-Laws and Standing Rules has been accepted by the BCHW Board of Directors and will be published in the May/June Trail-head News for all the membership to read and then at the June 18th Board meeting the final vote will be taken. After that I will just have the Sustainable Trails committee

with the Forest Service to work on.

Thanks to all for all you do

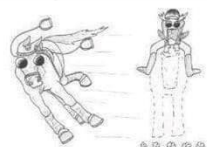
Jim

The art of spooking...

The Panicked Pirouette



The Horizontal Teleport



The Grand Prix Dressage Horse Wann



The Rodeo Bronc



The Vertical Teleport



Strike a Pose and Snort Like You Mean It



can help with this.

While we are on work party's great job everybody for the good work at Rock Cr. H.C. back in March. That was an amazing day of new construction and de-

From your President, Bob Cole



Hi all,

Well, as I'm writing this article, I'm trying to figure out what season this is supposed to be. Last week we had summer with a high of 79. Then four days later we have a low of 34 and snow on the ground. Does anyone understand this? I don't think so. BUT, I'm pretty sure that riding season is almost upon us, and we need to prepare.

On that note we have already scheduled two work parties at Kalama Horse Camp. The first is happening on the 19th of April to get the water running and to fix corral poles and clean up around the camp. Camille, with the Forest Service, is renting a wood chipper so that we can chip up the piles of debris that have been there for a couple of years now. And on April 30th we will have another work party to check out some of the trails and clean out a couple of trees that Jim knew about last fall, but we couldn't get in to get

them before the first snow. So, if you can lend a hand at either work party, please let Jim or me know so we can plan the work. And Barb Thomas has promised coffee and donuts for the April 30th work party. Thanks Barb.

I know that it is only April, but I have previously had inquiries about weed free hay for the upcoming riding season. So, I would like to request that if you might want some weed free hay this year, please plan ahead and let me know how much you would like. From the way spring is starting, I'm thinking we may have hay in May, unless it all of sudden turns hot and dry on us. I know that of the inquiries that I've already had, we need to get a fairly good count so we can get the hay we need for everyone.

From what I heard, this year's Rendezvous went very well, but we'll have to see what Nancy's report tells us. Hopefully she will make it to the next meeting. And speaking of the next meeting; it will be May 2nd at Pied Piper Pizza at the usual time. I tried to contact Benny's Rod and Custom Pizza, but found out that

they are not yet open on Mondays. I know we only had one meeting there, but everyone seemed to be happy with the location and the food.

So, if we don't see you at one of the upcoming work parties, we will see you at the next meeting.

Until then, Bob

How Equestrians do 'Sick Days':

"I don't think I'll make it in today. I think I'm coming down with something...
Yeah, I'm waiting to go in now, actually.
Uh huh. I'm not sure, maybe food poisoning.
Yes, it is sudden..."

"And next to go in ring two, rider number twenty-seven..."



Scoop on the Poop in Clark County WA

CR-102 Proposed Rule Alert: Keeping of Animals (WAC 246-203-130)

The Washington State Board of Health (Board) has filed a CR-102, Proposed Rule, for WAC 246-203-130, Keeping of Animals. The proposed rule includes a title change to Domestic Animal Waste. The proposed rule includes standards for the handling and disposal of animal excreta, or animal waste, for the purpose of preventing and controlling nuisance and health hazards.

The CR-102, filed as WSR 22-08-003, announces to the public that a rule is being proposed and includes the proposed rule language. The CR-102 is attached and [related material can be accessed at the Board's rulemaking page](#).

You may submit your comments on the proposed rule the following ways:

1. **Written comments** are accepted through May 2, 2022, using the following options:
- 2.

[Send to the Board's public comment email address for this proposed rule: WSBOHProposedAnimalWasteRule@sboh.wa.gov](mailto:WSBOHProposedAnimalWasteRule@sboh.wa.gov)

- 1.
2. Send via U.S. Mail to:
- 3.

Washington State Board of Health PO Box 47990 Olympia, WA 98504-7990

Please Note: All written comments submitted to the Board will be considered part of the official rulemaking file, provided to Board members for their consideration, and will be posted publicly to the Board's website.

Verbal comments will be accepted on June 8, 2022, during the online [rules hearing open to the public](#) beginning at 1:30 p.m.

- 1.

Access and register for the online rules hearing: https://us02web.zoom.us/webinar/register/WN_6vqdRyUmTamyb61z3wCSBA

Important Information for the Rules Hearing:

- The online rules hearing will be held via the Zoom Webinar platform

In order to give verbal testimony during the rules hearing, you will need to access the meeting using your computer, laptop, or device. Your computer, laptop, or device must have speakers and a microphone.

For more information regarding this rule revision please:

1.

Visit the Board's [Keeping of Animals rulemaking web page](#) or

Email Board staff at stuart.glasoe@sboh.wa.gov.

Thank you,



(360) 236-4110

P.O. Box 47990, Olympia, WA 98504-7990



2022 Rendezvous



Rock Creek Work Party

Over 30 volunteers converged on Rock Creek Horse Camp March 26th starting off around 8:30 AM with coffee, donuts and work assignments. Folks from Sunrise Ranch joined us and those young men and women learned what it takes to keep camps and trails well maintained.

Thank you to all the volunteers who helped, and a special thanks to Sheila Brooks and Jeanette Cefalo for documenting this work party with lots of good pictures.

At the end of the day, two metal corrals were installed, the puncheon bridge that they discovered was rotten was removed, low hanging branches that might scrape your trailer or LQ cut back, new camp site signs installed, camp sites have debris and vegetation removed, and some misc. trail clearing done.



When most of the work was done, Terry Slatery and her friend served all of us a lunch of pulled pork sandwiches and fixings. A big thank you to her for volunteering her time to see us well fed and a thank you to Kelly Gill who donated the pork from her personal larder.

The metal corrals will be on hold for a while until DNR figures out a reservation system for this camp. In the meantime we are moving on to laying down rubber mats on bridges on the Tarbell and Bells Mountain trails. If you are interested in joining in on this project, please let Tani Bates know at tani-bates@gmail.com. These will likely be small work parties throughout the year starting after July 2022.
Barb Thomas

Leave No Trace

Leave No Trace Training Class

04/15/22

Fresh air and open trails, who doesn't like riding, hiking and camping in our great outdoor parks? I was lucky to be sent to a fun 'Leave No Trace/LNT' training in Randle, WA. I learned tons about keeping our precious outdoor resources clean and undisturbed for future people to enjoy. We started with a short speech from a local ranger who stated an increase of a whopping 75% in people attending the parks during this pandemic. This makes LNT super important to practice and it's up to us to pass the word along. The following are the seven Leave No Trace principles we covered in class and you can practice too:

- Plan Ahead & Prepare.
- Travel & Camp on Durable Surfaces.
- Dispose of Waste Properly.
- Leave What You Find.
- Minimize Campfire Impacts.
- Respect Wildlife.
- Be Considerate of Others.



These principles may also be reviewed in more detail at the website LNT.ORG. I plan to go deeper into each one with every proceeding newsletter.

Along with lecture and videos we participated in exercises to solidify the concepts. The following were fun activities:

Tying the knot, bowline that is. Important for setting up a high-line. Check out videos on YouTube, <https://www.bing.com/videos/search?q=youtube+bowline+knot+high+line&view=detail&mid=889AAE2A65FC8DB0B9C5889AAE2A65FC8DB0B9C5&FORM=VIRE>.

Build a fire: tested the difference between using an oil pan, a fire cloth and plain dirt. The point is to be sure not to kill plants and grass where you choose to build your fire. They recommend using a fire pan here: <https://lnt.org/leave-no-trace-skills-using-a-fire-pan/>

- We walked outside to compare walking in single file vs all over the place. A single file line proved to be less damaging to the grass than people walking all over the place.
- We hunted for pieces of laminated paper in the grass to form a puzzle to show how easy it is to lose an important piece/and accidentally litter a space. Please be aware of your surroundings and leave no traces of garbage.

The staff was great and guided us to put away all the tent and supplies back into the LNT trailer which is available for any chapter to take for a given period of time. There is a huge need for trainers to continue this class, so if interested see Jane Byram or Louise Caywood.

Happy Trails until next newsletter!

by Noelle Rodolari

shirts for sale!!!!

I would be happy to meet people at feed stores, in BG, Fred-dy's Cascade Park, Salmon Creek, Hazel Dell...etc.

Anyone interested, have questions...can get ahold of me directly, via either :

Email: skwarne@yahoo.com

Cell #: (360) 281-6004

Also, if it's ok...can you print in the newsletters? Please feel free to add any larger print, images, etc. to promote!

Thanks so much!

Sheila (-:

****Pictures** are

"SAMPLES" of what shirts/logos look like:

A.) Red shirts - POLY-ESTER - with newest logo (Front only!)

(**note: have a Red, Sleeveless XL discount-

ed @ \$10 - has 1 small snag on it)

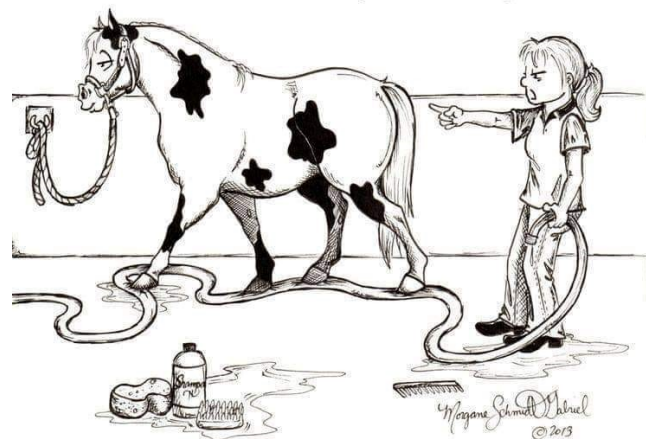
B.) Neon Orange - COTTON - with regular logo (front & back) Ladies V-Neck



VOLUNTEER HOURS

REPORTING PERIOD	DUE TO JUDY NO LATER THAN...
2nd Quarter (Mar 1-May 31)	June 1
3rd Quarter (Apr 1-Aug 31)	September 1
4th Quarter (Sep 1-30)	November 1

"I KNOW that you KNOW EXACTLY what you're doing!"



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2022

April

**11-16th Burke Lake
Bishop Ride**

**23rd Health Clinic: Randy
Lee's clinic**

**30th Kalama work party:
Snow pending**

May

**12th—Monument Valley
Douglas Mesa 22nd, Home the
28th**

14th Kalama work party

18—22 Cyrus Ride

June

23-26 Regional Kalama Work Party:
Contact Jim Anderson
muleman1951@gmail.com

27– July 7th Redwoods

July

15—17th Kalama Fun Ride

August

5th—7th Ken Wilcox Horse Camp

**12th—23rd Diamond P then to Montrose
Colorado 25th home 9th. Contact
Judy Smith**

28th Picnic: Rock Creek

September

16th—18th Indian Camp—Ellensburg

October

7th—9th Mt. Adams Horse Camp

28th—30th Wine Ride

November

December

**10th Christmas Party
The Cefelo Home**

******Always looking for people with a
purpose/idea/desire to take the lead
and sponsor a group outing.....best if
drive time approx 5 hours or less. ******

Submitted by Ken Evans _

pkevans@tds.net

BCHW Mission Statement

BCHW is affiliated with Back Country Horsemen of America and therefore

- | | | | |
|--|--|--|---|
| <p>I. The mission of this organization shall be:</p> <p>II. To perpetuate the common-sense use and enjoyment of horses in America's back country and wilderness.</p> | <p>III. To work to insure that public lands remain open to recreational stock use.</p> <p>IV. To assist the various governmental and private agencies in their</p> | <p>maintenance and management of said resource.</p> <p>V. To educate, encourage and solicit active participation in the wise use of the back country resources</p> | <p>by horsemen and the general public commensurate with our heritage.</p> <p>VI. To foster and encourage the formation of new chapters in the state or-</p> |
|--|--|--|---|

HOW TO WALK A HUMAN *A Dogs Guide*

Humans need exercise. If they don't get it they become "chubby". It's up to you to save them.



1. Allow your human to tether themselves to you. This keeps them from wondering off or running away.
2. Your human probably needs breaks. Be considerate and stop and sniff often.
3. Bark frequently. Humans have a short attention span.
4. When you go to the bathroom, walk away. If you have trained your human correctly, they will pick it up. Good aerobics.
5. Periodically drag your human as fast as you can. This is called interval training.
6. Do not allow your human to shorten the walk. They are being lazy. Sit in protest if you must.
7. Once you are home, allow your human to remove their tether, then lick their face many times. This is positive reinforcement for a job well done.

Chapter newsletters will be published and distributed as follows:

Submissions due by the 20th of the month, and distributed via email/SNAIL MAIL by the 25th of the month.

Meeting minutes

will be distributed via a separate email every month and **will not** be included in the newsletter. A few copies of the minutes will also be provided at the meetings for those who do not have computer/email access.



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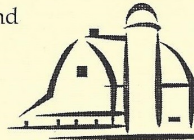
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Mount St. Helens Chapter

www.mountsthelens-bchw.org/



Leave No Trace Behind

BCHW-Mount St. Helens Chapter

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