



MVBCH

# HORSE TALES

[BCHW.ORG](http://BCHW.ORG)
[FB Discussion Group](#)
[Facebook](#)

**Mission:** The purpose of Backcountry Horsemen of Washington is to perpetuate the legal and moral claim by the American people to use horses and mules for recreation on public lands.

## 2022 Chapter Officers

- **Director:** DK Williams (360-676-1319)
- **President:** Cathy Upper (509.429.2955)
- **Vice President:** Michelle Schmidtke (206-730-1904)
- **Treasurer:** Bennet Upper (509.429.2955)
- **Secretary:** Michelle Schmidtke (206-730-1904) and Sue Elson 509-997-0430
- **Volunteer Hours:** Kay MacCready (509.996.3969)
- **Membership:** Megan Casey (425-533-5833)
- **Newsletter/Blog:** Linda Seaman (cell 206.909.9676)
- **Budget:** Pete Stoothoff (509.997.7004)
- **Historian:** Jan Ford (509.997.0133)
- **Sunshine:** Betty Wagoner (509.279.8717)
- **Trail Bosses:** Bill Ford (509.997.0133)

## PRESIDENT'S MESSAGE from Cathy Upper



When you read this the Spring Ride should be in full swing with lots of activity at Beaver Creek! Looks like we have a big crowd coming and hopefully lots of workers, too. Optimistically, we're planning that it will come off with beautiful weather—this cold is getting old. Then on to the next project... Oh Happy Days!

## Getting Beaver Creek Looking Spiffy Before "The Ride"!



Susan Davis and Tina Davis joined the work party to get Upper Beaver Creek Campground ready for the coming Spring Ride and Auction. Winter storms always leave lots of entanglements that need to be removed from the campground roadways and paths before we can set up our tables and camping gear!



### Inside this Issue

April 2022 Minutes	2
Odds n' Ends	3
On the Trail Again!	4
Trusting Spirit Benefit	5
May/June Calendar	6
Spring Ride Registration	7

## MVBCH APRIL 7, 2022 MEETING MINUTES

### Members present:

Cathy Upper, Mike Liu, Mary McHugh, Suzan Davis, Tina Davis, Christy Dunn, Shelley Jones, Heidi Weston, Michael Murray, DK Williams, Denny Weston, Rick Jones, Ashley Ahearn, Jan Ford, Bill Ford, Bennet Upper, Mary Pat Bauman, Sue Elson, Mark Brantner, Jackie Eddings, Carol Stusinski, Sue Jorgensen.

### Minutes:

Cathy U. introduced herself as did all the rest present. Noted that Betty W. was not able to attend because of an injury. Get well quickly Betty!

Cathy reported on the Rendezvous in late March in Ellensburg. 9 members attended. The auction generated some money for our chapter. DK and Sue Elson received awards-Trail Warrior and Lopper respectively.

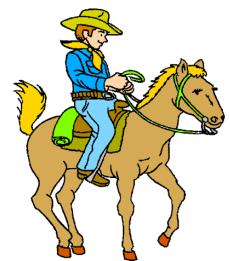
Cathy also mentioned that MVTA hired a trail coordinator on behalf of the Trail Alliance. Alan Zitski (?) has trail crew history with lots of great skills as well as grant writing.

DK director report gave a review of structure of BCHW. A change to centralized accounting has been made and is working well. The last meeting was on 4/2 and done virtually. An executive committee, which allows directors to meet less frequently, is being worked out and members will be voted on in the next meeting in June. Most of this information is available on Trailhead News. Also, there is a new chapter in Ellensburg and Okanogan chapter is still hanging in.

Bennet gave financial report. Money in includes some small donations. Also about 50 people have paid for spring ride so far. Money out includes payment for Christina Kline to make a presentation at the Rendezvous, as well as supplies needed for Spring Ride. He expects about 100-150 to eventually sign up for the ride. We are required to get a permit from WDFW but can work off  $\frac{1}{2}$  the cost with cleaning manure bunkers and other chores that may be needed. There have also been 3 large private donations. One will go to fixing up Twisp River Horse Camp, one (specifically designated to fix up fire damaged trails) will go to fixing up Williams Lake trail, and the third is aimed at the upcoming requirements to get the South Creek trail reroute through Cramer property accomplished (i.e., NEPA). Other potential expenditures include Lewis Lake bridge reconstruction, Cedar and Wolf Creek work, and Andrews Creek.

Spring ride update: a sign up sheet was sent around for volunteers to help where needed. Scheduled so far:

Sat. April 16 09:00 clean up Upper Beaver Cr CG about 3 hours  
 Tues April 26 10:00 flagging ride  
 Wed April 27 signs go up  
 Thurs April 28 09:00 trailers go in, set up canopies  
 Fri April 29 set up kitchen and lay out auction tables  
 Sat April 30 10:00 ride leaves, Poker Run, 5 pm auction wrap up, 6 pm dinner.  
 Sun breakfast  
 The poker station #3 will have snacks and drinks, Sani cans



### **Help is especially needed for:**

- \* Cathy gathering firewood
- \* Pete setting up on Thursday
- \* Cashing out auction (using new square reader for credit card use as well as cash)- 3 people needed from about 5 pm to 7 pm.
- \* Advertising for example with k-root, newspaper (Ashley volunteered for this)

Coffee production was presented by Michael. Propose to buy coffee maker and it will require a generator. Also need Cambro to keep 8 gallons warm.

Auction donators that were made precovid unfortunately may not be properly praised because the information has disappeared over that time. However, please fill out the paper work for any items you may donate at this time. Thanks to you all.

Minutes respectfully submitted by Sue Elson.



"You need to have a picture in your mind of what you want your horse to do. "

Ray Hunt, Cowboy Logic



## Why You Shouldn't Transport Horses On An Empty Stomach

***"Transport is an extended isometric exercise for your horse - requiring your equine friend to constantly balance by engaging the abdominal muscles. Contraction of the abdominal muscles forces acidic gastric juices up into the non-glandular (upper) region of the equine stomach."***

Considering a horse's natural instincts, transport is inherently stressful. It impairs every natural survival instinct your horse has: sight, sound, smell and flight in order to detect and flee from perceived danger. Impairment of these instincts causes stress. Add to that lack of forage - or lack of access to forage if your hay ends up on the floor - and you've combined two common causes of gastric ulcers. Very alarming - considering ulcers can occur in as little as 24 hours.

Be proactive by providing forage such as hay, pasture or soaked hay pellets (NOT grain or sweet feed) 1) prior to departing, 2) during transport and 3) once you arrive at your destination.

Ensure your horse trailer shocks provide the smoothest ride possible. Use caution when applying brakes and making turns.

Ensure maximum ventilation.

Provide forage to last the duration of your trip - you may need a slow feed net or bag to accomplish this.

Stop at least every 3-4 hours to offer water and give your horses a break from balancing themselves.

Author: Excerpts from Monique Warren's equine nutrition, digestive and hoof health articles. She writes for publications such as [Equine Wellness](#), [The Journal](#), The Naturally Healthy Horse, Horse Back Magazine, [The Horse's Hoof](#), and [Miniature Horse World Magazine](#).

## ML FARRIER SERVICES

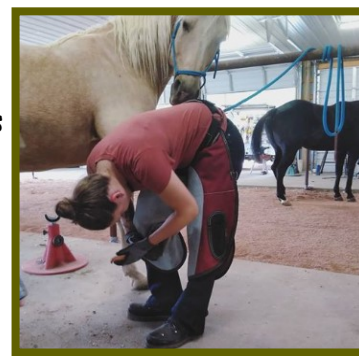


Offering shoeing and barefoot trimming in the Methow Valley. Melissa Stusinski is a Winthrop resident and graduate of the Equine Lameness Prevention Organization's farrier school.

**Contact Melissa:**

425-478-4005 or

[mlsfarrierservices@gmail.com](mailto:mlsfarrierservices@gmail.com)





## "On the Trail Again"

Bill and Jan had their first day on the trails for 2022 last Friday when they scouted and worked on a short (0.6 mile) section of the Twisp River Trail between the Eagle/Oval trailhead and the War Creek Bridge (Trail # 440). This part of the trail had been badly burned and there are very few live trees along its mid-section. The burnt dead trees are falling down and there were quite a few across the trail. They went back on Sunday to finish clearing them. Bill cut out 28 trees. The pictures show a before and after for one of the bigger trees. And so it begins...



2022 04 15 Tree down on TRT between Eagle oval TH road and War Creek Bridge



2202 04 17 Same tree cut up and removed to side of trail



## "Trusting Spirit Horse Rescue Benefit"

After two years of not being able to support the Trusting Spirit Horse Rescue organization in Orondo, WA due to Covid, Betty Wagoner had a good turnout at the El Valle Restaurant in Twisp!!

Trusting Spirit Horse Rescue addresses the needs of neglected, abandoned and mistreated horses by enabling them to live the remainder of their lives in comfort and dignity, whether at the ranch or with a new family and home. The women managing the Trusting Spirit are always very grateful especially since we were not able to have any fund raising for the past couple of years because of Covid!!

The photos include contributors Mark Brantner, Tammy Elliot, Betty, Carol HEBERT, Suzan Davis, and Anita Ellis. Music was provided by Emille. Thank you to those who came forward and helped this worthy cause. We had fun and the food was great too!



## MVBCH MAY/JUNE 2022 CALENDAR

**(THUR) MAY 5 REGULAR BUSINESS MEETING 5 P.M. @ TwispWorks OUTSIDE** (dress appropriately!)

**(FRI) MAY 6 GOLDEN DOE RIDE.** Contact: Betty Wagoner (509-279-8717). Bring your lunch! **DIRECTIONS:** Golden Doe Wildlife Area is on the Twisp/Carlton Road (west side) approximately 7 miles south of Twisp. Flags/ribbons will mark the site for the ride. Park along the road near the flags/ribbons, or park at the small cabin on the right side of the road. The cabin marks the trailhead. The trail is mostly old logging road and winds upward to a plateau for lunch. This is a 4-hour ride (including lunch) with beautiful views over the Valley. Ready to ride at 10:00, and invite someone new to ride with us! Please let Betty know if you will be joining the ride!!

**(FRI) MAY 6 CUT OUT WOLF-RIDGE TRAIL.** Contact: Cathy Upper (509.429.2955). **NO HORSES, PLEASE!** Start @ 9 am. Contact Cathy for meeting location. We will brush and clear the trail. Bring stout footwear, gloves, water and tools (such as loppers or pruners, shovels and saws) as well as any friends who are trail users and are willing to help. Bring hard hats if you have them. bring snacks or your own lunch if you think you might get hungry and of course, plenty of water to drink!

**(FRI-SU) MAY 6-8 49'ERS DAY IN WINTHROP.** Ride to Rendezvous comes through town @ noon on the 6th.

**(THURS) MAY 12 PATTERSON MOUNTAIN RIDE.** Contact: Betty Wagoner (509-279-8717). Head up Patterson Lake Road and go about a mile past the Moccasin Ranch driveway; the entrance gate to our ride will be the first right after Elbow Coulee Road. Bring lunch! This is a 4-hour ride (including lunch) on a steep, climbing dirt road. There are beautiful views of the Cascade Range where we'll have lunch. Ready to ride at 10:00. We have permission to ride on this private property. Contact Betty if you want more detailed directions on where to meet.

**(FRI) MAY 13 LOUP LOUP TRAIL WORK (140-251 CONNECTION).** Contact: Cathy Upper (509-429-2955). **NO HORSES, PLEASE!** Meet at campground at 9 with your own lunch and hand saws if you have them. Contact Cathy for exact meeting place.

**(FRI) MAY 20 SPRING RIDE THANK YOU PARTY FOR HELPING AT SPRING RIDE. CONTACT:** Ann Port (509-997-5491 or 509-322-4950). The Party will be at Ann Port's home. **DIRECTIONS:** Ann's address is 1043 Twisp River Road. To find it, go up Twisp River Road 10.4 miles; turn left into her driveway and head for the river (just past her house after you turn into the driveway). It's Pot Luck (and MVBCH provides steaks!) so bring your favorite dish to share and your beverage of choice, a chair to relax in, and your party face! Call Ann for questions or more information.

**(SUN) MAY 22 LOG OUT SOUTH CREEK TRAIL.** Contact: Cathy Upper (509-429-2955). We'll be working the South Creek Trail to Louis Lake bridge in preparation for the bridge re-decking project.

**(MON) MAY 23 VOLUNTEER HOURS DUE TO KAY MACCREADY.** Contact: Kay MacCready (509-293-1413).

**(FRI-MON) MAY 27-30 WOLF CREEK TRAIL LOGOUT.** Contact: Jason Ridlon (509-699-9927). Wolf Creek trail logout in prep for WCC crews. Contact Jason directly if you can help!

**(THUR) JUNE 2 REGULAR BUSINESS MEETING @ TWISP PARK.** Meeting starts @ 5pm. Note: We will be planning the Louis Lake bridge re-decking and the Twisp River horse campground cleanup. Bill Ford and Tony Karniss will be organizing these projects. Timbers for the bridge will be packed into the job site before the work day. **(IF YOU ARE INTERESTED IN HELPING PLEASE CONTACT BILL AT 509-997-0133.)**

**DATE TBD?? BRUSHING OUT THE TWISP RIVER TRAIL #440 WITH THE EVERGREEN BIKE ALLIANCE.** Dates and times to be decided. Bill Ford 509-997-0133 or Cathy Upper 509-429-2955.

**(SAT) JUN 25 WORK PARTY AT TWISP RIVER HORSE CAMP.** Starting time: 9 am. bring lunch; we'll be doing log clearing and finishing new campsites. More TBD. Bill Ford 509-997-0133 or Cathy Upper 509-429-2955

**Make A Difference**





# 2022

## METHOW VALLEY BACK COUNTRY HORSEMEN ANNUAL SPRING RIDE & AUCTION BEAVER CREEK CAMPGROUND, TWISP, WA

**A FAMILY CAMPING  
WEEKEND IN THE METHOW  
VALLEY—JOIN US FOR OUR  
ANNUAL FUNDRAISER!**



### APRIL 29—MAY 1

DIRECTIONS TO BEAVER CREEK CAMPGROUND: From SR #153 – Just south of Twisp, turn east on Hwy. 20 toward Okanogan-Omak. Go about 2.5 miles on #20 and turn left onto Upper Beaver Creek Road. From the east side (Okanogan/Omak) - Follow Hwy #20 to MP 207. Turn right onto Upper Beaver Creek Road. The campground is about 7 miles after turning onto Upper Beaver Creek Road—watch for the MVBCH Spring Ride signs!

**DUTCH OVEN POT LUCK  
FRIDAY EVENING  
TRAIL RIDE SATURDAY  
10-3PM  
POKER GAME ON RIDE  
SILENT AUCTION  
SATURDAY (CLOSES @ 5PM)  
BBQ DINNER SATURDAY  
EVENING @ 5:30PM  
EVENING CAMPFIRE  
ENTERTAINMENT  
BUCKAROO BREAKFAST  
SUNDAY MORNING  
AND, BEST OF ALL—  
FRIENDLY FOLKS!!**

Discover or WDFW Fishing License Pass Required

**ALL DOGS MUST BE LEASHED WHILE IN CAMP — NO DOGS  
ON THE RIDE. NO STALLIONS.**

#### MAIL REGISTRATION TO:

MVBCH Bennet Upper  
156 Spook Haven Rd.  
Winthrop, WA 98862

Need More Information?

Call: Bev Phillippi

509-668-1024

E-mail: bev2ap@gmail.com

Please detach lower portion

Please detach lower portion

Please detach lower portion

**RIDE REGISTRATION (INCLUDES SATURDAY BBQ DINNER) REGISTER BY APRIL 22<sup>ND</sup>**

**(AFTER APRIL 22<sup>ND</sup>, \$30 EACH ADULT RIDER, \$15 EACH FOR 12 YRS AND UNDER)**

Pre-Registration \_\_\_\_\_ @ \$25 Each \_\_\_\_\_ {kids \$13 (12 & under) \_\_\_\_\_} Poker game \_\_\_\_\_ @ \$5 each \_\_\_\_\_

If registration is after April 22<sup>nd</sup>: \_\_\_\_\_ @ \$30 Each \_\_\_\_\_ {kids \$15 (12 & under) \_\_\_\_\_}

Buckaroo Breakfast: \_\_\_\_\_ @ \$10 Each \_\_\_\_\_ {kids \$5 (12 & under) \_\_\_\_\_} Other: \_\_\_\_\_

**Complete the registration, each adult sign the release and send with your check to the address above**

Recognizing the fact that there is a potential for an accident where ever horse use is involved, which can cause injuries to horses, riders, and spectators and also recognizing the fact that Backcountry Horsemen of Washington, Inc., including chapters, officers, directors, or members cannot always know the condition of trails or the experience of riders or horses taking part in Trail rides or other BCHW or chapter functions, I do hereby release the above named from any claim or right for damages which might occur to me, my minor children or horses. Under Washington law, an equine sponsor or equine professionals are not liable for any injury to, or the death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to RCW 4.24.530 (Equine Activity Liability Act).

Print Names: \_\_\_\_\_

Signed: \_\_\_\_\_ Signed: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST. \_\_\_\_\_ Zip: \_\_\_\_\_

Tel: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Linda Seaman  
1709 134th Ave SE #14  
Bellevue, WA 98005



No masks required  
inside TwispWorks!!

### May Agenda

Spring Ride Follow-up  
Sawyer Training  
NSHC water system  
Wolf Creek Trail project  
Twisp river trail & horse  
camp

**Thursday, May 5<sup>th</sup>, 2022**

**5 pm Business Meeting**

**@ TwispWorks OUTSIDE**

**502 S Glover St, Twisp, WA**