Lewis County member, Alexis Krause daughter of Lauralee Krause at the 2013 Lewis County Chapter fun ride. The horse is Charlie
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Disclaimer

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Get Your Ad in the Next Issue! Call Adriane or Joyce at 360.754.4543, or email bchw@wamedia.com, or see page 16 for rates.
**Volunteer Hours**  
**July/August 2013**

Back Country Horsemen of Washington express their gratitude to those who contribute to BCHW as “Contributing,” “Sustaining,” and “Patron,” members.

The Optional Membership Program is available to all members for renewal or new membership. Members in this program pay only the optional membership fee, which includes the Family or Single Membership. The optional membership information on this page is provided by the BCHW Membership Committee. **If you have any corrections or questions, please e-mail membership@bchw.org.**

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<td>Mitch Baird</td>
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- Lettie Broughton: OLY
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- Ken & Pam Evans: MTS
- Finney / Denney Family: MTS
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- Linda Hildebrand: CAP
- Judith & Bob Hoyle: BUC
- Dawn Kammannzind: PSR
- Charles & Judy Kiesh: MTA

**Tax Deduction**

Please be informed that membership dues, paid at the state as well as the chapter level, are tax deductible for the calendar year and subsequent years. Deduct your dues as a charitable contribution under authority of IRC Section 170 (assuming the person paying the membership dues itemizes their deductions when computing their federal net taxable income) or as a business deduction under authority of IRC Section 162 (assuming the person paying the membership dues has a “trade or business” and the payment of the membership dues is directly related to this “trade or business”). When making a donation, ask for a receipt.

Your volunteer mileage is also deductible. Make copies of your volunteer hours logs with mileage for your 2013 taxes.

For Membership Questions and Mailing List Address Corrections/Updates...

Please email membership@bchw.org directly!
Prez Says

Chapters Are Generous Too

By Bob Gish, BCHW President

At Rendezvous, we gave out a lot of awards to members for what they have done to promote BCHW, and there were a lot more members who were not given awards but have contributed an awful lot to our cause. I hope that we are all trying to notice those folks and saying “Thanks!” whenever we can. I know I try, but I never hit all of them.

Similarly, we ask a lot of our chapters, but don’t always acknowledge them outside of Board meetings. So I want to use this opportunity to thank some chapters for recent financial contributions, knowing that I will hear about others that I missed (but I can thank in a future edition!).

First, some chapters contributed money to buy Auction items: Buckhorn Range, Cascade, Enumclaw, Ferry County, Grays Harbor, Lewis County, Methow Valley, Mt St Helens, Nisqually, Okanogan Valley, Olympic, Northwest Region, Peninsula, Pierce County, and Traildusters. Several chapters donated items directly: Alpine Lakes, Buckhorn Range, Capitol Riders, Cascade, Crab Creek, Enumclaw, Ferry County, Grays Harbor, Inland Empire, Island County, Lewis County, Methow Valley, Mt Adams, Mt St Helens, Northeast, Oakland Bay, Olympic, Northwest Region, Purple Sage, Rattlesnake Ridge, Scatter Creek, Traildusters, Wenatchee Valley, Willapa Hills, Wine Country, and Yakima Valley.

And several chapters contributed to the Awards program: Buckhorn Range, Cascade, Enumclaw, Methow Valley, Mt St Helens, Peninsula, Pierce County, and Whatcom.

When our Legal Defense Fund was used up recently, we asked for donations to replenish it. Northeast Chapter challenged other chapters to match them, and Pierce County and Whatcom quickly did so, followed by Buckhorn Range, Okanogan Valley, and Wine Country. I hear more chapters are considering this, so I may get to thank them in a future issue!

When BCHW decided to sponsor the Great Gravel Pack-In, we asked participating chapters to chip in for food costs. Grays Harbor, Lewis County, Pierce County, and Scatter Creek came through with donations for that.

When we decided to work on restoring the damage from the Table Mountain Fire to Haney Meadows, and asked for contributions to buy materials for several puncheon bridges; Alpine Lakes, Grays Harbor, Inland Empire and Olympic chapters came through with enough to meet the current estimates.

All of these contributions contribute to BCHW and our statewide efforts, and we would not be able to do all of our good work without them. It’s important to support all three levels of Back Country Horsemen: chapters, state, and BCHA. It makes me proud to be associated with this great organization, and I hope it makes you feel the same. Let’s Ride!

Another Contribution

BCHW was recently informed of another contribution of sorts: Purple Sage Riders has decided to hand over its highly successful Wine Ride to BCHW. The chapter has worked hard to make the Wine Ride a successful moneymaker, and will now help BCHW to operate the ride, with proceeds going to BCHW. We thank the members from Purple Sage and other chapters who have agreed to work on the 2013 Wine Ride, and invite all members to come enjoy the ride in October.

BCHW Mission Statement

BCHW is affiliated with Back Country Horsemen of America (hereinafter “BCHA”) and therefore adopts the BCHA mission statement as follows: The mission of this organization shall be:

- To perpetuate the common-sense use and enjoyment of horses in America’s back country and wilderness.
- To work to insure that public lands remain open to recreational stock use.
- To assist the various governmental and private agencies in their maintenance and management of said resource.
- To educate, encourage and solicit active participation in the wise use of the back country resource by horsemen and the general public commensurate with our heritage.
- To foster and encourage the formation of new chapters in the state organization.
Both national and state budgets are being rewritten to adjust to escalating citizens’ expenses, educational costs, national security, and on the federal side, reducing the national debt. With regards to public lands, loss of revenue from drops in mineral extraction and logging have meant that roads once paid by these commercial uses must be funded with new sources of revenue if they are to remain open. Backlog maintenance of trails and campgrounds has grown. While we are taxpayers, discretionary services are budgeted after mandated services are allocated. Recreation becomes the low priority with a growing sentiment among politicians that recreation needs to generate its own sustenance in fees, donations, and volunteers. This is a very tall order, and as proven with Discover Pass funding of State Parks, overly optimistic. Recreation must be supported to some degree by government general funds and taxes, and in many ways, it has a right to be. We do have the right to expect that some taxes that are derived from recreational goods, services, tourism, racing, and other outdoor recreation revenue generators should be reinvested. Similarly, we...
The Future of Backcountry Trails in America  
(continued from page 4)

The federal government is already in discussions on what the next fee system reauthorization will look like. The Federal Lands Recreation Enhancement Act (FLREA) that brings us the Northwest Forest Pass, campground fees, NPS entrance fees, and outfitter permit fees is up for renegotiation. It is probably likely the current act will be extended for a year, but the discussions on what the next fee bill will look like have started in part because of weaknesses in the current act that have led to successful lawsuits. Also coming up for reauthorization will be the Land and Water Conservation Fund (LWCF) provisions. Should they be changed so that there is less emphasis on acquisition and more on maintenance and development? Should the states get a larger allocation of LWCF revenues?

The federal government rarely asks for our opinion, but then again, when has that ever stopped us from giving it anyway?

We may not always get what we want, but the state is listening in a good faith effort to hear what the recreational community has to say.

have the right to expect that the non-highway gas taxes paid by recreational users (RTP, NOVA, etc.) should also find their way back into being spent in support of the public lands facilities used by these recreationists. It was a very good point made by State Parks that it makes no sense to close facilities and then expect users to pay fees and taxes for their very use of these places.

Right now, how to minimally fund public land recreation while still providing quality opportunities to the users is a big topic both in Washington State and in the federal government. A number of e-Town Halls have been held by our state to gather information from the public on how to move forward. These are associated with the Statewide Comprehensive Outdoor Recreation Program (SCORP), the state trails plan, and evaluation of how grant funds should be prioritized (NOVA). Many BCHW members have offered their insights and opinions as part of these state efforts. We may not always get what we want, but the state is listening in a good faith effort to hear what the recreational community has to say. The state has done a good job overall.

What, in my mind, is missing from federal direction from Washington DC is the same kind of transparency and the same willingness to hear from all sides equally and make balanced decisions. Local offices, forests, and districts do often try to bridge this deficit and work with their users, but they are under direction in a top-down management system. More and more, the focus is on “sustainability” and “rightsizing”, which really in this context suggests a great deal of “downsizing”. This, of course, meets many conservation objectives and lowers the risk of lawsuits. On the other hand, if Americans lose their ability to go forth and explore our public lands, they will lose their interest in them.

BCHW does not want to lose our trails. I think I speak for most of us (all of us) that we actually would like to have more trail opportunities. Just how do we balance funding the three elements: acquisition, development, and maintenance? Can we expand our volunteer maintenance effort or should we support higher fees that all users pay? Volunteerism sound great, but a dynamic of heavily relying on volunteers means that the agencies will to some degree tailor their services to what volunteer groups are willing to provide based on their own motivations subject to agency standards. If there aren’t many BCHW volunteers in an area, this could mean tighter switchbacks, more foot log bridges, or infrastructure that will be on the light side of supporting stock. It is not unreasonable for volunteers to want to do the kind of work that most benefits their own use. I’ve been whacked in the face more than once by branches that were left above a trail after it was cleared by volunteers. We are no different as this is basic human nature. All volunteers are important, but we are only part of the solution.

The federal government is already in discussions on what the next fee system reauthorization will look like. The Federal Lands Recreation Enhancement Act (FLREA) that brings us the Northwest Forest Pass, campground fees, NPS entrance fees, and outfitter permit fees is up for renegotiation. It is probably likely the current act will be extended for a year, but the discussions on what the next fee bill will look like have started in part because of weaknesses in the current act that have led to successful lawsuits. Also coming up for reauthorization will be the Land and Water Conservation Fund (LWCF) provisions. Should they be changed so that there is less emphasis on acquisition and more on maintenance and development? Should the states get a larger allocation of LWCF revenues?

The federal government rarely asks for our opinion, but then again, when has that ever stopped us from giving it anyway?

Congratulations to the winners of the 2013 BCHW Raffle Calendar contest.

2013 Raffle Ticket Winners

May: Bill Clark ($300)
April: Sally Garrett ($300)
March: Dave R. Smith ($300)
Feb: Pam Stocks ($300)
Jan: Jan & John Lyell ($300)

We may not always get what we want, but the state is listening in a good faith effort to hear what the recreational community has to say.
Another BCHW Hero Recognized by Washington State’s Commissioner of Public Lands

By Ed Haefliger

The 8th Great Gravel Pack-In at the Department of Natural Resources (DNR), Capitol Forest, held April 13, 2013 carried a great and wonderful surprise for all of us, especially for one special member of the Back Country Horsemen of Washington (BCHW). Peter Goldmark, our elected Commissioner of Public Lands who administers the DNR, was on-hand for the event as usual, but this time he was also present to award his special Commissioners “Hero Award” to Ron Downing.

This award was instituted by Commissioner Goldmark to recognize special members of the volunteer community who stand well beyond the norm in their efforts to support DNR’s volunteer programs. Ron Downing has been exemplary in his many years of service to the DNR by donating thousands of hours to their projects in many leadership roles, and in ongoing training and planning programs to put quality trail workers and packers in the field to continue needed volunteer help. By the Commissioners’ recognition of Ron, it has shown to others what many of us already are aware: that Ron is what all volunteers ought to be!

We in BCHW are blessed to have a Commissioner of public lands of Peter Goldmark’s caliber, who will not just recognize the efforts of our volunteerism, but also support our need to keep horses and mules part of the uses, appropriate for the lands he is responsible for.

Ron Downing receives the special Heros award from Peter Goldmark, the Commissioner of Public Lands.

A Gift To Honor Or In Remembrance

In memory of a friend, family, or loved one. To make a donation in their name to BCHW, please contact Teri Starke, BCHW Treasurer, at: 253.709.5052 tstrk21@msn.com.

If you would like the remembrance in The Trailhead News, email information to BCHW@wamedia.com.

Winery Ride Anyone?

Back Country Horsemen of Washington invites you to attend the 12th Annual Winery and Halloween Costume Prize Ride in Zillah, WA on Saturday, October 26, 2013

For more information visit www.bchw.org

Email us at BCHWwinyeryride@gmail.com

Registration Forms coming soon to our website!

Proceeds go to protect equestrian trails

Camping available for $5 per night; Fri & Sat
Catered dinner available Sat

We hope to see you there!
The BCHW Cookbooks are Here!

Created by YOU, the members – and only $12 each.

Mail postage is $3 for 1 or 2 books or $6 for a Quantity of 12 when ordered alone. If combined with other store items, refer to rates at the bottom of this order form.

Want to save on shipping & handling?
Order & pay for your merchandise & it will be given to your chapter director at the next Board of Directors’ meeting – your director can bring your order to a chapter meeting for you. Simply indicate that you want your items given to your director on your order form.

See Website for additional items and specials: www.bchw.org

Send Order to: Lori Lennox • PO Box 194 • Satsop, WA 98583 • 360-482-2742 • store@bchw.org

Name (Please Print): ________________________________________________________________
Phone: __________________________ Email: __________________________
Payment Method:  □ Check (to BCHW)  □ Visa  □ Mastercard  □ Discover  □ Discover
Card #: __________________________________________ Cardholder: __________________________
Billing Address: __________________________________________ Exp. Date: __________
City: __________ State: __________ Zip: __________
Ship to Address (USPO only): __________________________________________
City: __________ State: __________ Zip: __________

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<td>Brass lapel or hat pins (Made in America) ______ qty.</td>
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<td>BCHW Brass Logo Belt Buckles without dates! ______ qty.</td>
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Payment Method:  □ Check (to BCHW)  □ Visa  □ Mastercard  □ Discover  □ Discover
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Billing Address: __________________________________________ Exp. Date: __________
City: __________ State: __________ Zip: __________
Ship to Address (USPO only): __________________________________________
City: __________ State: __________ Zip: __________

Shipping Rates
$0 to $30: add $6.00          $30.01 to $60: add $8.00
$60.01 to $80: add $10.00      $100.01 & over: add 12%

Sub Total: ______
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Total Enclosed: ______

SUB TOTAL: ______
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Two Men and an Adventure of a Lifetime
By Louise Caywood

It had been a hard trip, more than nine months and 3,000 miles long, when the two tired horsemen finally rode into Washington DC on a cold day in 1948. This exciting once in a life time adventure remained vivid as it was told to me through the years, by my Dad, Cecil Cary. Cecil was born in Missouri, raised in Texas oil country and schooled in California. He came to Washington State in 1940, serving at Fort Lewis Army Base.

He started his lifelong love affair with horses and mules as a youngster, tending the team his father drove to haul oil field equipment. After his military discharge, he took a job as a night bartender, allowing him to ride and work horses by day. While working horses, he got to be friends with Ned Kennedy, an ex-Vaudeville actor who owned 40 acres nearby and who also loved horses.

They talked through the years of taking a cross-country ride, but it didn’t get past the talking stage until they were heard kicking the idea around again, and a fella bet them $100. they couldn’t even ride out of the state, much less make it to Washington DC. That prompted Cecil and 72 year old Ned to light out.

With a May 19th departure and limited finances, they lit out of Spanaway WA. Crossing Midway Pass then out of Washington into Idaho, (they collected that $100,) through Idaho, Montana, the Bad Lands, and on through the frigid winter until landing in Washington DC on February 11, 1948 at the steps of the Capitol. With a 16 MM camera, they took footage in hopes of financing the rest of the trip. Their resourcefulness and ample hospitality across the US made the trip slightly easier than expected.

They were doing it for the fun of the ride, but word got out about the trip and people started watching for them. They made a lot of friends as they went. Sometimes they camped out, but often somebody would put them up. One night they stayed in the Ohio Governor’s mansion, the next they slept in a barn. The Amish taught them to make special horseshoes for winter, so they could keep going through ice and snow.

Arriving in DC 8 1/2 months after leaving Washington, they wanted to meet President Truman. Washington State Congressmen were unable to help them. But a chance meeting with Senator Wayne Morse of Oregon, himself a dedicated horseman, he offered to help. February 11, 1948, Cecil and Ned mounted up and rode through Washington DC and onto the White House grounds. There they were ushered into the

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(continued on page 9)
Two Men and an Adventure of a Lifetime
(continued from page 8)

Oval Office and were introduced to President Truman. Cec recalled, “Truman was a real nice guy. He had a very busy schedule, since it was the day of Mahatma Ghandi’s funeral, but he made us right at home. It was to be a 15 minute interview, but ended up being 45 minutes. Then he decided he wanted to see the horses, and we all went to the courtyard. Photographers took pictures of us and later the President inked them. It was a real nice day.”

They stayed in DC for 3 months, were wined and dined and even had some free hotel rooms. They roamed the White House, swam in the Roosevelt Pool and met members of the President’s Cabinet.

United Airlines offered to fly them home for free. Declining, they bought a car and using a horse trailer given them by a San Angelo, Texas manufacturer, they started out. The return trip took six months, due to the stops and detours to show the movie along the way.

The President gave both, Cecil and Ned, one of his special cigars with his name and the Presidential Seal on the wrapper. Cec liked cigars and when Truman told them to light up, he did. Later Ned, who smoked only pipes, gave his cigar to Cec and being young and foolish Cec smoked that one too. Comforted that at least he had the memories, photos, newspaper clipping and the movie, he lamented, “those were darn good cigars.”

The number of volunteer hours for the work totaled over 350. This is an example of the impact of BCH on the youth of the area.
Out on the Trails

The Way It Ought To Be!

By Ed Haefliger

I t seems like a month cannot go by without a request for help from some group across our country, fighting to keep our governmentally managed trails open to horses or mules! But when an agency steps up to the plate and supports us in the use of their trails, we need to take especially keen notice of this and support their efforts. Such an effort happens each April at the Olympic National Park’s (ONP) mule barn. For several years since Larry Lack has been the trails supervisor, he has opened the facility to stock users, both riders and packers, to learn about riding in the Olympic National Park.

This year, as always, it was attended by riders from all over the region. Topics included: a great overview of riding in the park, how to get permits, Leave-No-Trace, what to take with you for safe riding in the park, along with packing demonstrations and lessons by park packers. A great lunch was provided by the members of the Peninsula Chapter of the Back Country Horsemen of Washington (BCHW).

The Olympic National Park’s that are working to support our mission statement, to keep the trails open to stock! Other national parks and national forests need to be encouraged to institute such proactive programs; they are a win-win experience for all.

The Olympic National Park’s mules look on in approval of the riders present and this year’s program! 🐴

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Annual Ken Wilcox Skagit River Ride

2nd Annual Fundraiser for BCHW
July 19, 20 & 21, 2013
Les Hilde Trailhead • Lyman, WA

Friday Afternoon
July 19, 2013
• Afternoon Trail Ride
• Evening Bon Fire and Song

Saturday – July 20, 2013
• Prize Ride – 10 AM 1st rider out
• Cash Ride – 2 PM (Prize 30% entry fees)
• Dinner/Dance – $25 per person & $10 under age 18

Sunday Morning – July 21, 2013
• Potluck Cowboy Breakfast

Camping Available
Contact: Michael Mahaffey • 360.661.4063
mohappy@cedarsprings.org
Darrell Wallace • 360.918.3016
dlwallace700@gmail.com
Not every Back Country Horsemen Chapter can truly claim “back country” as their main recreation/riding area. Crab Creek Riders, mainly representing Moses Lake and Grant County, is a dedicated “front country” Chapter of BCHW. Rather than high mountain trails and tall trees with fresh mountain streams, we have rolling sand hills and sage brush, seep lakes and ponds, and tumbleweeds. Our hiking and riding trails, and fishing holes are close to home and accessible to everyone.

That can be a blessing for the users and a curse for the land. The blessing is that many of these pleasures are no more than 15 minutes away from home. The curse is the trash that is left to scar the land. Lovely wildflowers push through the soil in the spring only to be surrounded by plastic bags, cardboard, shot up paper targets, cans and millions of shotgun cartridges. What’s a flower to do?

Members of the BCHW/Crab Creek Riders chapter decided to make at least a small dent in one area. Al Willis, arranged with the DNR for Crab Creek Riders to pick up the trash at a favorite shooting spot down Road C NE, just South of I90. Twelve members of CCR concentrated efforts for several hours. The end result was a mountain of its own, made of bags and bags of trash. There were so many empty shotgun shells that it was futile to even try to pick them up. They can act as paving, I guess. Now the guess is “how long will it stay clean”?

If only everyone would clean up behind themselves. Grant County is blessed with much unique scenery.
Each spring we begin to set our sights on packing into the forest with our horses and mules. It’s always fun to decide where to go, and who and what to take along. We spend hours on the trails to get those horses in shape for extended days packing and riding on the first pack trip of the year. This year we started off spring with our Packing Clinic in April. Again, we were pleased to have Trygve Culp of the Okanogan Valley Chapter present his clinic for our chapter. Trygve brought with him his many years of packing as well as his humor of previous pack trips. Trygve recalled some of his “wrecks” and how you can learn safer and easier ways to pack a horse or mule. Trygve gave us a list of some things he says are a must to take along on a back country trip. We took turns manying a load and hitching it to Brady the mule.

Our own Ferry County Chapter Trail Boss and Packer, Terry Fralic, has always ridden and packed mules. He finds they are stronger, surefooted, and have hybrid vigor that can keep them going on the hardest mountain trails. Fralic’s mule Brady proved that mules can pack anything, by once packing a six-foot scaffolding up Columbia Mountain for the Forest Service archeological society when they restored the old fire lookout at Columbia Mountain.

Sometimes we forget that the tradition of packing stems back from the Native Americans, and from our own mountain men, Jim Bridger and John Fremont. Early packers knew the value of good pack stock while traveling in the wilderness. Through the years pack saddles, pack horses, and mules have changed, but the “call” of the back country will still entice folks to pack up and ride into the hills as our forefathers did. I like to remember those mountain men as strong individuals and that great American value is worth keeping today.

We invite you to enjoy our Colville Forest from the back of your mule or horse this 27th and 28th of July when we hold our annual Steak Ride over Lambert Mountain. If you would like to be a part of our tradition, check out our web site www.fccbcchw.org for a registration, or call Jerry Downs at (509) 775-3218. When you climb to the top of Lambert Mountain, keep in mind how many rode these trails before you and that you still are able to ride them today thanks to those few who have kept the trails open for forty years: Back Country Horsemen of America. A proud tradition for the next generation.
January 1 saw 20 intrepid riders celebrating the very cold and snowy New Year at Pilchuck Tree Farm near Arlington. On Valentine’s day weekend 14 riders toured the urban trails purposely left by developers near Redmond, WA, which meanders behind upscale houses and through natural woods. 16 of us climbed up Blanchard Mt. to view the incredible Puget Sound and northern islands the end of March. There were too many of us to use the new ‘horse stalls’ that look like they grew from bicycle stanchions.

April started our trek across the Cascade mountains to a private ranch at Burke Lake in Eastern Washington. We were greeted with good weather and vistas of the mighty Columbia River and ancient lakes left by the Missoula Floods. On Memorial Day weekend our riders went to Indian Camp on the Teanaway with warm weather, easy riding and great views. Another group headed to Beaver Creek near Twisp. Some riders joined the Alpine Lake Chapter at Joe Watt Canyon for their BCH prize ride. A Trailduster new to our NW exclaimed on the completely different terrain within 2 hours of Seattle.

The Ken Wilcox ride on the Skagit River proved challenging, for horse and rig. 18 riders had a great weekend at the Harry O Forest on the NW Regional Prize Ride; good riding, guitar playing and singing in the evening around the campfire. The Traildusters Ladies Ride was at Sahara Creek in the Elbe Foothills. It was hot, but the campground has all the amenities for a fun time. Our ‘Little Buckeroos’ ride was from a private residence on the Teanaway river which was great for cooling off after the little ones rode. Only two went to the Keenes campground at Mt. Adams and after the fantastic scenery and easy riding, a lot more will go back this year. Salmon la Sac was the destination for seven traildusters and one fisherman. The camp is great, the rivers and waterfalls and trails are beautiful (Flat tires got fixed and many fish were eaten).

Nine Traildusters went to Oregon’s Mt. Bachelor late August; “no bugs, water in the buckets frozen in the mornings, stars forever. One day off we rode the chairlift up Mt. Bachelor to eat a restaurant dinner under a huge moon.” Labor day saw some riders going to Twisp and others went to check out the campground and riding at Sahara Creek. At just two hours from our neighborhood, that may be a favorite place to ride. Fall colors were enjoyed at Crystal Mountain. The Traildusters Halloween Prize Ride was a success with over 200 riders braving rain and cold. 35 costumed contestants narrowed down to three very clever riders and patient horses. A busy year, lots of saddle time in beautiful surroundings. We are lucky to have these playgrounds out our backdoor.
On Saturday, April 20, Jane Byram and Dana and Karen Bailey (Alpine Lakes Chapter) were ready and waiting for Chapter members to arrive for the first ever LNT Basic Skills Clinic offered on the eastside of the state. Class was set up in Jim and Jill’s shop, which Jane thought was an excellent location, as this way they didn’t have to set up the big tents and stoves.

After introductions, Jane started class with a little bit of background information about how LNT got started and how she got involved. We found out that there was an anonymous benefactor in 1998 that donated the money for the LNT Trailer that houses all of the essentials needed to offer this clinic. Also, the LNT work is financed by Recreational Trails Program grants. Jane’s time is all voluntary. The grant monies pay for equipment and mileage.

Now on to the good stuff... The 7 Principles of LNT:
1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Use and Impact of Fires
6. Respect Wildlife
7. Be Considerate of Other Visitors

The morning class consisted of talking about the kind of riding we do and what our impact can be on the front and backcountry. We talked about Minimum Impact Recreation and how we as users need to “police ourselves” to avoid agency regulations that would limit our access. A lot of the negative impact on our lands is caused by unskilled and uninformed users. Some users’ actions can even be considered “illegal.”

We watched a movie called “Soft Paths” that demonstrated how we can enjoy our wilderness experience without harming it. As land users, we need to take responsibility and commit to a “land ethic”. We learned about the difference between pristine and highly used sites and how our behavior needs to change according to the area we are occupying.

We then ventured outside to get some hands-on experience. First we dug out some lush pasture sod and built a fire in the dirt. We kept this fire burning most of the day and after putting it out before potluck, replaced the sod where the fire was built. Jim and Jill will monitor this area to see the outcome and impact of the fire and long term recovery of this area.

Next, thanks to Johnny Miller who donated some awesome shovels to the members attending, we all took some time digging cat holes and talking about the best way to dispose of human waste in the backcountry. That, too, can vary depending on where you are and how many people will be in a specific area for a prolonged amount of time.

(continued on page 15)
The idea of this cookbook came to me at the end of last riding season. As we headed into the umpteenth potluck of the year I found myself thinking, “I’m in a rut, I keep making the same thing!” As if to confirm that, as I brought my dish up to the fire, they said, “Well, here comes the cornbread!” I hadn’t told them I was bringing that! I needed variety!

I want to make apologies to the chapter(s) who entered recipes and did not find them in the book. Because of the time needed to input the data we took the recipes on a first come, first served basis. Many recipes came in right away and there were quite a few duplicates. The first one received was used.

A little background on the theme of the cookbook. It is dedicated to our organization founders Ken and Carol Wilcox, and to the men and women of BCHW. All the pictures are taken from the back of a horse. The horsemen don’t have faces showing because they represent all of us. The areas shown are all in Washington and are all on trails that BCHW members ride on a regular basis.

The cookbook is a fundraiser for BCHW and can be purchased from the BCHW Store at www.bchw.org.

There Are Incentives for Volunteering!

- **On US Forest Service** lands projects: Volunteers earn a NW Forest Day Pass for one (1) day of volunteering and for two (2) days they receive an Annual NW Forest Pass.

- **On State** lands projects (i.e. State Parks and DNR lands): Volunteers can earn an annual Discover Pass after completing 24 hours of service (typically four (4) days) on qualifying projects.

The Cookin’ for Campin’ Cookbook

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Trailhead News
July/August 2013

Calendar

FREE Listing on BCHW Chapter Events Calendar (See example below)

Be sure to:
- Check with the ride host on whether or not weed-seed-free feed is required.
- Contact the ride host to check for updates on the event.
- Check to see if dogs are welcome.

Note: The BCHW Trailhead News represents as many events as possible, however, makes no guarantees an event will be published.

Benefit Poker Ride
June 22, 2013
Evergreen Sportsmen’s Club
Littlerock, WA
Reg. for ride, camping, breakfast, snack and lunch included in $25 entrance fee. Sponsored by WA State Livestock Coalition

Olympic Chapter
Western Dream Ride
July 19-21, 2013
Flying Horses Ranch, Cle Elum, WA.
Register by July 1. Adults – $120, 6-10 yrs. old – $60, 6 and under – free.
Sue Sundahl • (253) 867-7502
pappiihorse@wavecable.com
www.olympicbchw.org

Annual Ken Wilcox Skagit River Ride
July 19-21, 2013
Les Hilde Trailhead, Lyman, WA
Prize Ride: 1st rider out 10 a.m.
Cash Ride: 2 p.m. Dinner/Dance – $25/person and $10 under age 18
Michael Mahaffey • (360) 661-4063
mhappi@cedarsprings.org
Darrell Wallace • (360) 918-3016
dlwallace700@gmail.com

Ferry County Chapter Steak Ride at Lambert Creek – Colville Forest
July 26-28, 2013
Steak dinner and cowboy breakfast: $25/person. Ride a loop over Lambert Mtn.
Location: Colville Forest near Republic, WA.
Jerry Downs • (509) 775-3218
fcwbch@gmail.com

Wild Horse and Adoption Meet Up
July 26-28, 2013
Washington State Horse Park, CleElum, WA
Ramona Bishop, BLM • (541) 923-0016
rbishop@blm.gov

Mount Saint Helens Chapter Fun Ride
July 27, 2013. Registration at 8 a.m.
Fee camping; weed-seed-free hay required.
Free pancake breakfast at 7-8 a.m.
Many great raffle prizes.
Nancy Rust • (360) 253-7307
alrust@comcast.net
Rick Johnson • (360) 314-2017
johnson2194@comcast.net
bchwmountsthens.org

Enumclaw Trail Riders 20th Annual Prize Ride
August 3, 2013. Buck Creek
First rider out 9 a.m., last rider out noon
Geri Jo Wolanski • (360) 284-2315
ridingshotgun@comcast.net

Methow Valley Chapter
Turkey Trot Ride
August 17, 2013
Joe Hebert • (509) 997-3056

Methow Valley Chapter
North Summit/Loup Loup Ride
August 23-25, 2013
Nancy Palagruti • (509) 997-4802
Mary Pat Bauman • (509) 996-3552

23rd Annual Tahoma Chapter Prize Ride
September 7, 2013 Ravensdale, WA
Many Prizes & $750 in cash prizes
$20 for Ride BBQ Lunch & Prize Tickets
www.tahomabchw.org
Nancy Lee • 206-786-3726

Methow Valley Chapter
Lloyd Ranch Ride
September 9, 2013
Carolyn Bronson • (509) 996-3218

Cascade Horse Club Prize Ride
Pilchuck Tree Farm, Arlington
Saturday Sept 21st
Riders out: 9-11am
Piper: (425) 210-9711
PiperF8@aol.com

3rd Quarter Board of Directors’ Meeting
September 21, 2013
Kittitas Valley Event Center, Ellensburg
Darrell Wallace • (360) 918-3016
dlwallace700@gmail.com

Mount Saint Helens Chapter
(orc Billy Goat Pass Loop) Ride
September 26, 2013
Cathy Upper • (509) 996-3230

12th Annual Winery and Halloween Costume Prize Ride
October 26, 2013
Zillah, WA
Camping Available for $5 per night, Fri. & Sat. Catered dinner available Sat.
For more information: www.bchw.org
Darrell Wallace • (360) 918-3016
BCHWwineryride@gmail.com

Traildusters “Halloween Fun Ride”
October 26, 2013 • Registration 8 a.m.
1st rider out 9 a.m. – last rider out 11 a.m.
Pilchuck Tree Farm, Arlington, WA.
1st place $300 – 2nd place $100.
Audrey Gunderson • (425) 308-4636
cascadetailrider@gmail.com

BCHW, USFS & State Land Managers Meeting
December 6, 2013
Kittitas Valley Event Center, Ellensburg
Darrell Wallace • (360) 918-3016
dlwallace700@gmail.com

4th Quarter Board of Directors’ Meeting
December 7, 2013
Kittitas Valley Event Center, Ellensburg
Darrell Wallace • (360) 918-3016
dlwallace700@gmail.com

Reminder to email an article and photos of your event to the THN at: bchw@wamedia.com.

Promote Your Event:
Donate Money to BCHW by Buying an Ad in The Trailhead News

Example

Your Chapter Ride Must Be Open To All BCHW Members To Have A FREE Listing
Please submit the following information with your event listing

Chapter Name _____________________________
Name of Ride _____________________________
Date _____________________________
Location _____________________________
Register by _____________________________
Cost to Member _____________________________
Cost to Non-member _____________________________
Contact Name _____________________________
Phone _____________________________
Email _____________________________
Website _____________________________

Note: The BCHW Trailhead News represents as many events as possible, however, makes no guarantees an event will be published.
What Did YOU Do for National Trails Day?

June was National Trail Day and BCHW members across Washington State rallied together to celebrate by volunteering to fix up old trails and build new ones. The September/October issue of The Trailhead News will be focusing on how your chapter and members contributed.

Please include your chapter name, location of trail work, the names of members involved, total volunteer hours, and a photo of the project before and after. Be sure to list the names of people in your photo from left to right. Also include the name of the photographer. If grant money was used, please name the grant; if donations were used, name the donating company/organization as well.

The deadline is August 1 at 8:00 am for submissions! Please email to bchw@wamedia.com.

Donate Money to BCHW by Buying an Ad in The Trailhead News

BCHW The Trailhead News Ad Insertion Rates (Design Extra Cost)

<table>
<thead>
<tr>
<th>Ad Deadline Dates and Payment Due</th>
<th>Publish Date of Newsletter</th>
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</thead>
<tbody>
<tr>
<td>(or first business day after this date)</td>
<td></td>
</tr>
<tr>
<td>December 1 ..........................</td>
<td>Jan/Feb</td>
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<td>January 21 ..........................</td>
<td>Mar/April</td>
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<td>April 1 ..................................</td>
<td>May/June</td>
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<td>June 1 ..................................</td>
<td>July/Aug</td>
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<td>August 1 ..................................</td>
<td>Sept/Oct</td>
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<td>October 1 ............................</td>
<td>Nov/Dec</td>
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<table>
<thead>
<tr>
<th>Ad Size</th>
<th>Ad Dimensions</th>
<th>Ad Cost 1x Insertion</th>
<th>Ad Cost 6x Insertion</th>
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<tbody>
<tr>
<td>Back Cover 3/4 page</td>
<td>8&quot; H x 8&quot; W</td>
<td>$450.00</td>
<td>$435x6=$2,610 (Save $90.00)</td>
</tr>
<tr>
<td>Inside Front Cover</td>
<td>10&quot; H x 7 1/2&quot; W</td>
<td>$450.00</td>
<td>$435x6=$2,610 (Save $90.00)</td>
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<tr>
<td>Inside Back Cover</td>
<td>10&quot; H x 7 1/2&quot; W</td>
<td>$425.00</td>
<td>$410x6=$2,460 (Save $90.00)</td>
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<tr>
<td>Full Page</td>
<td>10&quot; H x 7 1/2&quot; W</td>
<td>$400.00</td>
<td>$385x6=$2,310 (Save $90.00)</td>
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<tr>
<td>3/4 Page</td>
<td>6 1/4&quot; H x 7 1/2&quot; W</td>
<td>$300.00</td>
<td>$285x6=$1,710 (Save $90.00)</td>
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<tr>
<td>Half Page (Horizontal)</td>
<td>4 3/4&quot; H x 7 1/2&quot; W</td>
<td>$220.00</td>
<td>$205x6=$1,230 (Save $90.00)</td>
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<tr>
<td>Half Page (Vertical)</td>
<td>10&quot; H x 3 5/8&quot; W</td>
<td>$220.00</td>
<td>$205x6=$1,230 (Save $90.00)</td>
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<tr>
<td>Third Page</td>
<td>3 1/2&quot; H x 7 1/2&quot; W</td>
<td>$180.00</td>
<td>$165x6=$990 (Save $90.00)</td>
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<tr>
<td>Quarter Page</td>
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<td>$120.00</td>
<td>$105x6=$630 (Save $90.00)</td>
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<tr>
<td>Business Card</td>
<td>2&quot; H x 3 5/8&quot; W</td>
<td>$75.00</td>
<td>$65x6=$390 (Save $90.00)</td>
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</tbody>
</table>

Ads must meet professional publishing standards. Ads must be high resolution (300 dpi) PDFs or JPGs. Modifications are billable for design at $75.00 per hour, $40.00 minimum charge, billed to the advertiser. All ads subject to approval by BCHW.

Any advertising questions please contact:
Adriane Wolfe or Alexandra Garrison
360.754.4543 • Fax 360.943.7086
bchw@wamedia.com • visit: www.bchw.org

Conditions: Washington Media Services, Inc. and the Back Country Horsemen of Washington The Trailhead News magazine assumes no financial responsibility for typographical errors or omissions. The advertiser assumes liability for the content of the advertisement and any claims that may arise there from against the publisher.
CHANGE SERVICE REQUESTED

Wild Horse ADOPTION